



Uttarakhand State Control Room COVID -19
Integrated Disease Surveillance Programme
Directorate of Medical Health and Family Welfare, Uttarakhand, Dehradun
Health Bulletin on Corona Virus Disease (COVID-19)

Status as on Date: 14-04-2020 Time: 05:30 PM

| | |
|---|--------------|
| 1- Number of COVID-19 positive cases detected today : | 0 |
| 2- Total Number of COVID-19 positive cases detected till date : | 35 |
| 3- Total number of cases treated and discharged till date : | 7 |
| 4- Number of samples found negative for COVID-19 today : | 127 |
| 5- Total number of samples sent for COVID-19 testing : | 2174 |
| 6- Total number of samples found negative : | 1838 |
| 7- Total number of samples result awaited : | 305 |
| 8- Total Number of person in Hospital isolation : | 439 |
| 9- Total Number of person in Home quarantine : | 53300 |
| 10- Total Number of person in Institutional quarantine : | 1818 |
| 11- Calls received on 104 Helpline/ State Control Room: | 454 |
| 12- Number of follow up calls made: | 1272 |

Sample Testing Status

| Districts | Sample Sent | | Negative | | Positive | | Results | |
|--------------------|-------------------|------------------------|----------------|---------------------|----------------|---------------------|----------------|-------------------|
| | Sample Sent Today | Sample Sent Cumulative | Negative Today | Negative Cumulative | Positive Today | Positive Cumulative | Result Awaited | Cured/ Discharged |
| Almora | 1 | 46 | 1 | 44 | 0 | 1 | 1 | 0 |
| Bageshwar | 4 | 11 | 0 | 7 | 0 | 0 | 4 | 0 |
| Chamoli | 0 | 13 | 0 | 12 | 0 | 0 | 1 | 0 |
| Champawat | 0 | 24 | 0 | 24 | 0 | 0 | 0 | 0 |
| Dehradun | 56 | 821 | 10 | 746 | 0 | 18 | 57 | 6 |
| Haridwar | 36 | 474 | 47 | 358 | 0 | 3 | 113 | 0 |
| Nainital | 19 | 356 | 18 | 263 | 0 | 8 | 85 | 0 |
| Pauri Garhwal | 0 | 78 | 0 | 77 | 0 | 1 | 0 | 1 |
| Pithoragarh | 0 | 18 | 0 | 18 | 0 | 0 | 0 | 0 |
| Rudraprayag | 0 | 13 | 0 | 10 | 0 | 0 | 3 | 0 |
| Tehri Garhwal | 0 | 10 | 0 | 10 | 0 | 0 | 0 | 0 |
| US Nagar | 10 | 191 | 12 | 171 | 0 | 4 | 16 | 0 |
| Uttarkashi | 16 | 104 | 35 | 79 | 0 | 0 | 25 | 0 |
| Total | 142 | 2159 | 123 | 1819 | 0 | 35 | 305 | 7 |
| Private Labs | 4 | 15 | 4 | 19 | 0 | 0 | 0 | 0 |
| Grand Total | 146 | 2174 | 127 | 1838 | 0 | 35 | 305 | 7 |

Situation Update, Uttarakhand:Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts.

Public Health Action Taken

1-An advisory has been issued regarding not to consume and spit smokeless tobacco in public. As per advisory chewing smokeless tobacco products, pan masala and areca nut (supari) increases the production of saliva followed by a very strong urge to spit. Spitting in public places could enhance the spread of COVID-19 virus.

2- Comprehensive guidelines for dialysis with reference to COVID-19 have been issued by the Government. As per guideline the patients who do not have private vehicles shall be facilitated by 108 ambulance service. This will also apply to the physical challenged patients.

3- An advisory has been issued regarding disinfection activities wherein disinfection tunnels will not be used; also spraying of alcohol, chlorine, lizol on human being will not be used.

4- A dedicated helpline number 08046110007 has been made operational to provide psychological/clinical advice to the people suffering from mental stress due to pandemic situation/lockdown.

5-The Government has issued directions to provide masks, sanitizers, gloves and other consumables to all doctors, paramedics working in hospitals other than dedicated COVID-19 facilities/ hospitals.

6- Regular messages on Do's & Don'ts during lock down period are released for public awareness through print, electronic and social media. FM Radio and Community Radio are widely used.

Uttarakhand government launched a Mobile App "Uttarakhand COVID-19 Tracking System" as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is https://play.google.com/store/apps/details?id=com.app_release.covid19finalcourse



APPEAL:

Department of Health and Family Welfare, Uttarakhand appeals to all citizens of the state to follow the advisory for lockdown. All persons who have been advised quarantine (Contacts of Positive cases and people who have come from foreign travel) have to observe mandatory home quarantine as instructed by authorities. They may stay in separate room and not venture outside their house. If a person found/reported to be not following home quarantine as guideline, he/she will be put under institutional/facility quarantine. In case of any health emergency, assistance due to lockdown they may call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) for assistance.

Preventive measures:

- 1- Home quarantine of all asymptomatic travelers for next 28 days after returning from COVID-19 affected countries.
- 2- Travelers' and their family members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid handshakes.
- 3- Travelers, who have come from COVID-19 affected countries, must report to district/block health authorities immediately, if they develop any symptoms like fever, cough, cold or difficulty in breathing. Helpline/war room no. is 01352609500/104.
- 4- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- 5- Hospital isolation of all symptomatic travelers if they have returned from any of COVID-19 affected countries.
- 6- Frequent hand washing specially after touching anybody secretions like saliva or nasal secretions.

COVID-19 Control Room Details

State Control Room

E-mail: covid19statewarroomuk@gmail.com Toll free No.:0135-2609500 / Toll Free 104

[Email Id: idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

[Whatsapp No. 9412080544](https://www.whatsapp.com/channel/0029va333333333333333333)

Details of District Control Rooms

| Districts | District Control Room Number |
|---------------|---|
| Almora | 05962-237875, 05962-237874, |
| Bageshwar | 05963-220197, |
| Chamoli | 0172-252187, 01372-251437 |
| Champawat | 05965-230312 05965-230943, 05965-230819 |
| Dehradun | 0135-2724506, |
| Haridwar | 01334-239920, 01334-223999 |
| Pauri garhwal | 01368-222213, 01368-221840 |
| Pithoragarh | 05964-225142, 05964-226326 |
| Nainital | 05946-281234, |
| Tehri Garhwal | 01376-232093, 01376-232831 |
| Rudraprayag | 01364-233946, 01364-233727 |
| U.S. Nagar | 05944-246590, 05944-250250 |
| Uttarkashi | 01374-222641, 01374-222722, 7310913129 |