

Date: 30-04-2021

Health Bulletin

Time: 06:00PM

कोविड -19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये
दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation:</u> <u>Free</u> <u>Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register <u>Download app:</u> https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>For Plasma Donations</u>	https://covid19.uk.gov.in/donateplasma.aspx
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines and oxygen in Uttarakhand
Landline No. 0135-2656202 and Mobile: 9412029536

COVID-19 Vaccination

☛ Sessions Held Today :	518
☛ Number of Beneficiaries Vaccinated Today :	44691
☛ Number of Beneficiaries Partially Vaccinated:	1660499
Number of Beneficiaries Fully Vaccinated:	410918



COVID-19
Uttarakhand State Control Room

कोरोना के लक्षणों की अनदेखी घातक हो सकती है

सावधानी बरतें क्योंकि कोरोना की दूसरी लहर चल रही है
और यह समय थोड़ा कठिन है!



उत्तराखण्ड शासन



NATIONAL HEALTH MISSION
एनएचएम मिशन



FEVER



COUGH



SHORTNESS
OF BREATH



SORE THROT



HEADACHE

अंदेशा होने पर
घबरायें नहीं !
अपना जरूरी
टेस्ट करवायें

अपने जिले के सरकारी कोविड परीक्षण केंद्रों की सूची प्राप्त करने के लिये covid19.uk.gov.in पर जायें

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	Citizens (includes data of 45+ & 60+ years both)			Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	34	3,198	100067	17,423	0	5,829	4,726	130	4,063	2,688
Bageshwar	29	1,603	51360	8,924	2	2,370	2,231	158	1,877	1,308
Chamoli	15	1,449	75956	12,862	17	3,944	3,668	117	5,839	3,711
Champawat	29	1,475	47264	4,664	0	2,159	1,821	31	4,074	2,896
Dehradun	109	9,741	301205	58,840	160	33,738	24,541	430	20,075	13,834
Haridwar	70	3,985	185883	27,929	53	16,739	11,460	598	42,682	25,862
Nainital	51	6,711	139052	26,677	91	13,287	9,506	167	8,129	5,534
Pauri	36	2,447	123627	18,130	0	7,516	6,064	38	4,966	3,261
Pithoragarh	20	1,447	57958	10,161	9	3,839	3,332	40	6,125	4,821
Rudrapur	14	1,416	40021	5,696	21	2,256	1,901	61	1,866	1,134
Tehri	32	1,965	92040	14,931	13	5,967	5,165	118	3,709	2,541
US Nagar	48	5,071	148604	24,484	143	11,034	7,577	377	11,220	6,275
Uttarkashi	31	1,325	66877	18,228	13	3,273	3,015	71	4,009	3,097
Total	518	41,833	1429914	248,949	522	111,951	85,007	2,336	118,634	76,962

सावधान!

ऐसे लोग जो बेपरवाह
सार्वजनिक रूप से
घूम रहे हैं, जिनको कोविड
संक्रमण है परन्तु लक्षण नहीं हैं
वह संक्रमण को और अधिक
फैला सकते हैं...

पिछले तीन दिनों के बीच
में जो भी लोग पॉजिटिव व्यक्ति
के करीबी सम्पर्क में आये!!
वो तत्काल अपना कोविड
टेस्ट करवाये..

देरी कभी भी घातक हो सकती है..

कोविड कंट्रोल रूम
या टोल फ्री नम्बर 104
से सम्पर्क करें..



परस्पर दूरी बना कर रखें,
सैनेटाइजर का प्रयोग करें,
अपना फेस कवर / मास्क
हर समय पहने





Recovered Today: 4215



Positive Cases Today: **5654**

S⁺vt^y

Sample Positivity: **4.89%**



Death Today: **122**



Active Cases: **55886**

1. Total cumulative Positive COVID-19 detected: **186772**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **124565 (66.69%)**
3. Total Number (%) of COVID-19 patients migrated/ Others: **3840 (2.06%)**
4. Total Number (%) of COVID-19 Deaths: **2624 (1.40%)**
5. Number of samples found negative for COVID-19 today: **24375**
6. Total number of samples sent for COVID-19 testing today: **34642**
7. Total number of cumulative samples found negative: **3630457**
8. Total number of samples result awaited: **32399**



कोविड को हराने के लिये सावधान रहने के अलावा शरीर की रोग प्रतिरोधकता को बढ़ाना भी जरूरी है-






- + ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- + यथासंभव गर्म पानी का सेवन करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + तुलसी, दालचीनी, कालीमिर्च व सोंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कॉमन योग प्रोटोकाल का अभ्यास करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।




च्यवनप्राश









Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	1205	852	103454	220	5424	108878	1034
Bageshwar	373	74	75997	26	2300	78297	775
Chamoli	1213	1300	110623	264	5185	115808	1171
Champawat	1215	1281	112846	105	3527	116373	1243
Dehradun	10484	6947	648495	1915	64263	712758	5645
Haridwar	9628	7533	1223132	856	33615	1256747	7527
Nainital	2345	2125	279458	999	23213	302671	1945
Pauri Garhwal	1519	905	194091	366	9208	203299	2447
Pithoragarh	1187	465	93523	66	4240	97763	1616
Rudraprayag	544	183	63681	166	3464	67145	1077
Tehri Garhwal	811	317	128650	140	6989	135639	1420
US Nagar	2766	2179	453010	397	19923	472933	3396
Uttarkashi	1352	214	143497	134	5421	148918	3103
Total	34642	24375	3630457	5654	186772	3817229	32399

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	5424	3436	1482	39	467
Bageshwar	2300	1594	663	18	25
Chamoli	5185	3640	1376	23	146
Champawat	3527	1885	1565	12	65
Dehradun	64263	43329	19000	1479	455
Haridwar	33615	20404	12238	255	718
Nainital	23213	15824	6871	391	127
Pauri Garhwal	9208	5661	2986	102	459
Pithoragarh	4240	3472	703	53	12
Rudraprayag	3464	2506	929	22	7
Tehri Garhwal	6989	4468	1774	21	726
U.S. Nagar	19923	14315	4988	187	433
Uttarkashi	5421	4031	1168	22	200
Total	186772	124565	55743	2624	3840

District-wise Hotspots/ Containment Zones

S.No.	District	Number Hotspot	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	53	<u>Dehradun (43)</u> 1- Forest College CAS FOS Academy FRI (09-04-2021) 2- Tibetan Homes Building, Charlie Mount, Chaman Estate (13-04-2021) 3- Kargi Banjarawala , Near Kaali Mandir (15-04-2021) 4- Shisham Hostel, FRI (15-04-2021) 5- Jaypee Hotel Barloganj (16-04-2021) 6- Tibetan Colony , Dikiling , Shastradhara Road (17-04-2021) 7- 51-C Rajpur Road, PTS College (18-04-2021) 8- 15 B, Inder Road (opposite mandir) (19-04-2021) 9- Parijat Enclave, Badripur (19-04-2021) 10- Vrindavan Vihar Balawaala (19-04-2020) 11- A- Block PCS Colony, Ring Road Ladpur Dehradun (19-04-2021) 12- Rajmati Niwas, Near wood Stock School Bye pass road Mussorrie (19-04-2021) 13- Turner Road No-04, Clement town (19-04-2021) 14- Tagore Bhawan , Rokbi Manor Hotel , Landour Cantt, Mussorrie (20-04-2021) 15- Sarswati Vihar, Block E, Lane No-07 C, Ajabpur Khurd (20-04-2021) 16- Gate No-06, Senior Awas Welham Girls Hostel, Chander Road (22-04-2021) 17- Bhagirathipuram Jakhan (21-04-2021) 18- Defence Colony, Kesar singh Marg (21-04-2021) 19- 202 Dronapuri, GMS Road (21-04-2021) 20- Health Center, Etan Senior School, Balahisar Mussorrie (21-04-2021) 21- MIS School, Kempty Road, Near Polo Ground, Mussorrie (21-04-2021) 22- 159 D, Rajpur Road Jakhan (22-04-2021) 23- Vijay Park , Satya Vihar (22-04-2021) 24- Machhi Talab, Niranjanpur (22-04-2021) 25- 23 Shivam Vihar Jakhan (22-04-2021) 26- Bhoodgaon Lane No-03, Phase -2, House No-74-A (23-04-2021) 27- New Basti Asha Rodi, Durga Mandir Gali (23-04-2021) 28- New Basti Asha Rodi, Clement Town (23-04-2021) 29- 389 East Patel Nagar, Near Sandalwood School (24-4-2021) 30- Awas Shri Manoj Dhingra, Near 108 Office Chander Nagar (24-04-2021) 31- Shri Chintamani Thapliyal Bhawan, Mussorrie (25-04-2021) 32- House No-04, Land Heart Estate, Dhik Road Mussorrie (25-04-2021) 33- Awas Tibetan Sakya monestry Rajpur Road (Back Side of Sai Temple) (25-04-2021) 34- Guniyal Gaon (Purkal Road) (26-04-2021) <u>Vikas Nagar (03)</u> 1- Gram Vidholi , Near Wood Stock Hostel, Vidholi Road (18-04-2021) 2- Gram Kandoli (24-04-2021) 3- Gram Bansiwaala (26-04-2021) <u>Rishikesh (04)</u> 1- Suman Vihar , Baapu Gram Gali No-03 (25-04-2021) 2- Gram Shyampur, Guddu Plot (29-04-2021) 3- Gram Chandraeswar Nagar , Chandraeswar Mandir Marg (29-04-2021) 4- Chandraeswar Nagar , Dayananad Marg , Gali no-03 (29-04-2021) <u>Doiwala (01)</u> 1- Ward No-13, Navjyoti Vihar (15-04-2021) <u>Kalsi (2)</u> 1- Haripur Bazar Kalsi (23-04-2021) 2- Vyas Nehari Kalsi (24-04-2021)

			35- Awas 116/2, Chander Nagar (Shri Tilak Raj Arora) (26-04-2021) 36- 98 Tyagi Road (26-04-2021) 37- Brahamwaala khalla, kandoli (27-04-2021) 38- Sumitra Bhawan, Library Mussorrie (27-04-2021) 39- Marievil Estate , Barloganj (27-04-2021) 40- Shamshergarh Road , Balawala Road (28-04-2021) 41- Lane No-05, Ekta Vihar Shastradhara Road (28-04-2021) 42- 59, Doon Hills Colony Lane No-01, Ring Road (28-04-2021) 43- Ganesh Hotel, Landour Cantt (28-04-2021)	
2	Haridwar	9	<u>Roorkee (04)</u> 1- Radha Krishan Bhawan IIT Roorkee (16-04-2021) 2- Patanjali Yog Peeth , Phase-02, Block -2, Kashyap Bhawan (19-04-2021) 3- Canal View Apartment (Compound) 39 Civil Line IIT Roorkee , Jamuna Road (23-04-2021) 4- Kotley Bhawan, New Hostel Vigyan Kunj Boy, New Hostel Vigyan Kunj Girl Radha Krishna Bhawan (23-04-2021)	<u>Haridwar (1)</u> 1- Arya Vanprasth Ashram, Arya Nagar Jwalapur (27-04-2021) <u>Laksar (02)</u> 1- Kasturbha Gandhi Balika Vidhyalaya Gordhanpur (15-04-2021) 2- Gram Gordhanpur , Bhojan mata home and near home roads (17-04-2021) <u>Bhagwanpur (02)</u> 1- Gram Balswaganj (16-04-2021) 2- Gram Kunja Bhadarpur (26-04-2021)
3	Nainital	41	<u>Haldwani (38)</u> 1- Nababi Road , Kulyalpura (16-04-2021) 2- Murli Parisar, kalawati Chauraha , Barsati Nehar Road , Link Marg , Malla Gorakhpur (16-04-2021) 3- E- Block Near blossom School , Judgefarm (16-04-2021) 4- Amrawati Colony , Phase -2, Talli Bhamori (16-04-2021) 5- Opposite Gyanando School , Amarwati Colony Talli Bhamori (16-04-2021) 6- Pant Grill Udyog, Near S. Band , Saket Vihar Himmatpur Malla (16-04-2021) 7- Ganesh Nagar, Phase -03(19-04-2021) 8- Madhuvan Colony, Near White Hall School, Lohariyasaal, Tala (19-04-2021) 9- Backside of Devashish Hotel, Bhotia Padao Haldwani (22-04-2021) 10- Backside of Harikripa Banquet, Near DAV School, kusumkheda Haldwani (22-04-2021) 11- Opposite of Crazy Kitchen , Thakur Dwara Gali, kathgodam (22-04-2021) 12- Dwarika Puri , Phase -01, RTO Office Road, Kusumkheda Haldwani (22-04-2021) 13- Gali no-07, Rampur Road, Haldwani (22-04-2021) 14- Near City Gift Shop, Badripura Haldwani (22-04-2021) 15- Rautela Colony, Roop Nagar choti Mukhani (22-04-2021) 16- Trilok Nagar, Malli Bhamori (24-04-2021) 17- Near Kapilaj Restaurant Pillykothi Mukhani (24-04-2021) 18- Ganga Enclave , Near Women Degree College (24-04-2021) 19- Near Tikku Modern School , Anand Bagh Bhotiya Padao (24-04-2021) 20- Trilok Nagar, Opposite Savitri School , Laldanth Road (24-04-2021)	<u>Ramnagar (02)</u> 1- Near Copper Restaurant waali Gali,, Chorpanni Ramnagar (23-04-2021) 2- Bharatpuri Ramnagar (Shri Dhanshyam Chimwaal home to Shri Balam singh Home tak) (23-04-2021) <u>Kaushya Kutoli (01)</u> 1- Kharna Garampanni Bazar (28-04-2021)

			21- Madhulika Vihar , Oposite LIC Office, kaladungi road (24-04-2021) 22- Near Baba Balaknath Mandir , Shiv pur Unchapul (24-04-2021) 23- Vishnupuram Himmatpur Malla, Bhagwanpur Road (24-04-2021) 24- Shanti Nagar Bhotiya Padao, Near Devaashish Hotel Nainital road (26-04-2021) 25- Judgefarm (26-04-2021) 26- Shriram Colony Phase 1, Near Trimurti Mandir Kamulawaganja (26-04-2021) 27- Shri Sidhivinayak Colony , Near Basudevapuram RTO Road (26-04-2021) 28- Pragati Vihar Phase-3, Oposite kanta Banquet Hall, Dhariya (26-04-2021) 29- Sarveda Colony , Near Ranvir Garden Dhariya (26-04-2021) 30- White Wash Colony Talli Bhamori , Near Vivekanand Hospital Mukhani (26-04-2021) 31- Opposite Rudrash Banquet Hall , Nawabi Road (26-04-2021) 32- A38 Palam city , Transport Nagar (28-04-2021) 33- Kumaon Colony , Jwahr Jyoti , Near Ayurvedic Hospital Dhamuwadhunga (28-04-2021) 34- Next to Tiwari Dharamkanta gali , Ramleela Maidan , sheesh Mahal Kathgodam (28-04-2021) 35- Govindpuram, Near Hargovind Suyal School , RK Tent Road kusumkheda (28-04-2021) 36- Bhagat Desh Raj Colony , Near Heera Convent School Pillykothi (28-04-2021) 37- Backside of Bhudh Bazar Harinagar , Kusumkheda (28-04-2021) 38- Shyam Garden Gali no-2, Near Ramleela Maidan , Pillykothi (28-04-2021)	
4	Pauri	12	<u>Kotdwar (07)</u> 1- Shri Dharmendra Negi House Paschim Disha Road & Purab Disha Road (24-04-2021) 2- Divya Tiwari House, Shivraj pur RCD opposite school gate kotdwar(25-04-2021) 3- 124 Devi Road, Kotdwar (25-04-2021) 4- Jal Nigam Store DL Road Sukhro (24-04-2021) 5- Bank Colony Johnpur (24-04-2021) 6- Back side of Bisht Classe, kashirampur talla (24-04-2021) 7- Devram pur, Ward No-32, Shivraj pur (24-04-2021) <u>Chakisain (01)</u> 1- Rath Mahavidhyalaya Paithani (24-04-2021)	<u>Srinagar (03)</u> 1- Hotel Chandralok, Srikot, Ganganali (11-04-2021) 2- Swarg Ashram Laxman Jhula (18-04-2021) 3- Pramarth Niketan Ashram (18-04-2021) <u>Pauri (01)</u> 1- Gram Dhob, Srikot Patti Nandlasu (20-04-2021)

5	Uttarkashi	46	<u>Bhatwari (26)</u> 1- Gram Badahaat , Bhairav chownk (17-04-2021) 2- Gram Ghamdigaon (19-04-2021) 3- Gram Gyansu I (19-04-2021) 4- Gram Ladhadi I (19-04-2021) 5- Gram Gyansu , Patti Badahaat up Tehsil Joshiyada II (28-04-2021) 6- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, III (Shurashvar Singh House) (28-04-2021) 7- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, IV (Jitendra Dharveshwari house) (28-04-2021) 8- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, V (Pradeep & Lalita Bisht House) (28-04-2021) 9- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, VI (Ashish Chauhan House) (28-04-2021) 10- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Pulled House Colony) II (28-04-2021) 11- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Bhatt Niwas) III (28-04-2021) 12- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Negi Bhawan) IV (28-04-2021) 13- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Polytechnic) V (28-04-2021) 14- UJVN Ltd Officer Colony , Chinyalisaud (29-04-2021) 15- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, VII (Shweta Sulochana House) (29-04-2021) 16- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, VIII (Devansh Bhawan) (29-04-2021) 17- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, IX (Jitendra) (29-04-2021) 18- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, X (Parvati Panwar) (29-04-2021) 19- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XI (Vikram Singh Rana) (29-04-2021) 20- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XII (Maan Singh Rana) (29-04-2021) 21- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XIII (Ganesh Bhatt, Indu Bhatt & Deepak Bhatt House) (29-04-2021) 22- Gram Kansain Patti Badahaat I (29-04-2021) 23- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XIV (Anil Rana) (29-04-2021) 24- Gram Kansain Patti Badahaat , Up Tehsil joshiyada , Sichai Vibhag Colony II (29-04-2021) 25- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada, Near Jagudi Bhawan VI (29-04-2021) 26- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada, Near Rana Bhawan VII (29-04-2021)	<u>Barkot (10)</u> 1- Nagar Palika Parisad, Ward No- 5, 6 Near ITI Gate (20-04-2021) 2- Nagar Panchayat, Ward No-04, Naogaon (21-04-2021) 3- Madhya Sakrola, tok dobata (21-04-2021) 4- Nagar Palika Parisad Barkot, Ward No-05 Anshik (23-04-2021) 5- Nagar Palika Parisad Barkot Ward No-03 Anshik (23-04-2021) 6- Kendriya Vidhyalaya Rajghadi (24-04-2021) 7- Ward No-07, Nagar Palika Parisad Barkot (25-04-2021) 8- Gram Upradi (25-04-2021) 9- Gram Dandalgaon (27-04-2021) 10- Ward No-04, Nagar Palika Parisad (27-04-2021) <u>Purola (05)</u> 1- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) I 2- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) II 3- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) III 4- PHC- Mori (25-04-2021) 5- Gram Upala Math (26-04-2021) <u>Dhunda (02)</u> 1- Gram Bhamangaon (17-04-2021) 2- Gram Chakon (19-04-2021) <u>Joshiyada (03)</u> 1- Gram Kuroli (19-04-2021) 2- Gram Ladhadi (26-04-2021) 3- Gram chamkot (26-04-2021)
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6	Udhamsingh Nagar	43	<u>Kicha (01)</u> 1- Ward No-1, Chukti (16-04-2021 to 29-04-2021) <u>Rudrapur (30)</u> 1- H-1/7A Flat No-22, Metropolis City Rudrapur (22-04-2021 to 5-05-2021) 2- C- 1/2 Metropolis City Rudrapur (22-04-2021 to 05-05-2021) 3- B-14, Flat no-11, Metropolis City, Rudrapur (22-04-2021 to 05-05-2021) 4- Rohan- C,302, Omex Rivera , Rudrapur (22-04-2021 to 05-05-2021) 5- Nizer-107 Omex Rudrapur (22-04-2021 to 05-05-2021) 6- Abro-01-407, Omex Rivera, Rudrapur (22-04-2021 to 05-05-2021) 7- CMO Office Niwas, Rudrapur (21-04-2021 to 05-05-2021) 8- Bitra -15 Omex Rivera Rudrapur (22-04-2021 to 05-05-2021) 9- Gate no 407, Omex Rivera Rudrapur (22-04-2021 to 05-5-2021) 10- D1/5 Metropolis (22-04-2021 to 05-05-2021) 11- H-1/5 Flat No-23 Metropolis City (23-04-2021 to 06-05-2021) 12- C 1 Flat No-33 Metropolis City (23-04-2021 to 06-05-2021) 13- B-2/1 Flat No-21 Metropolis City (23-04-2021 to 06-05-2021) 14- A-2 Flat No-43 Metropolis City (23-04-2021 to 06-05-2021) 15- D-3/2 , Flat No-64 Metropolis City (23-4-2021 to 06-05-2021) 16- H- 204, Omex Rivera (24-04-2021 to 06-05-2021) 17- Ward No-37, Kalyani View Hall , opposite Rangat hotel , Near HP Petrol Pump (24-04-2021 to 06-05-2021) 18- Ward No-08, Shiv Nagar, Near Jai Hind Public School (24-04-2021 to 06-5-2021) 19- Kaungo B, 108 OMEX Rivera (24-04-2021 to 06-05-2021) 20- D1, D2 Adarsh colony (26-04-2021 to 07-05-2021) 21- Malik Colony Gali 07 (26-04-2021 to 07-05-2021) 22- JLN Campus (26-04-2021 to 07-05-2021) 23- Ward No-19 Awas Vikas, Sudhubaar (26-04-2021 to 7-05-2021) 24- Ward no-03 Kishanpur ISD (26-04-2021 to 07-05-2021) 25- Mini/Micro CZ - Vim Square Colony, Phase 1, H. No-25 (27-04-2021) 26- Mini/Micro CZ - Khushi Enclave House No-16, Near Railway Crossing , Bhurarani Road (27-04-2021) 27- Mini/Micro CZ - Beta -18, Airport Pantnagar (27-04-2021) 28- Mini/Micro CZ - Behind Agarsen Hopsital , Near Desire Public School ,Badiyapura (27-04-2021) 29- Mini/Micro CZ - G-23, Metropolis City (27-04-2021) 30- Mini/Micro CZ - 31 Lamda, NH -87 OMAX Rivera (27-04-2021) <u>Kashipur (04)</u> 1- Rani Padmavati Colony Kashipur (22-04-2021 to 05-05-2021) 2- Rani Padmavati Colony 2 (22-04-2021 to 05-05-2021) 3- Ashram Mata Mandir Road (22-04-2021 to 05-05-2021) 4- Albert School Kashipur (22-04-2021 to 05-05-2021) <u>Sitarganj (7)</u> 1- Dohra Ajaniya (24-04-2021 to 02-05-2021) 2- Ward No-02, Shakti Farm (24-05-2021 to 02-05-2021) 3- Ward No-11 (24-05-2021 to 02-05-2021) 4- Navdiya Nanakmatta (24-04-2021 to 02-05-2021) 5- Gram Nirmal Nagar (26-04-2021 to 04-05-2021) 6- Dohra, Lal Farm u, Tehsil Nanakmatta (24-04-2021 to 02-05-2021) 7- Gram Nirmal Nagar, Rajkiya Prathamik Vidhyalaya (26-04-2021 to 04-05-2021) <u>Gadarpur (1)</u> 1- Gram Kopa, Thanda Nala Gularbhoj (23-04-2021 to 05-05-2021)
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7	Champawat	18	<u>Tanakpur (11)</u> 1- Gram Boraghat, Purnagiri (17-04-2021) 2- Roadways Colony, Gram Bichai (17-04-2021) 3- Roadways Colony (19-04-2021) 4- Railway Colony (19-04-2021) 5- Pithorgarh Chungi (22-04-2021) 6- Ward No-03, Banbasa (22-04-2021) 7- Kharkwal Garden (25-04-2021) 8- Vishnupuri Colony (25-04-2021) 9- Bhajanpur Bankhet (25-04-2021) 10- Gram Chandani (28-04-2021) 11- Gram Aambagh (28-04-2021) <u>Champawat (02)</u> 1- JNV Champawat (28-04-2021) 2- Vill Maunpokhri (28-04-2021)	<u>Banbasa (1)</u> 1- Canal Colony (19-04-2021) <u>Lohaghat (2)</u> 1- Hathrangiya Ward (16-04-2021) 2- Khiri (25-04-2021) <u>Barakot (1)</u> 1- Bantadi (25-04-2021) <u>Pati (1)</u> 1- Pati Bazar (25-04-2021)
8	Chamoli	03	<u>Gairsain (01)</u> 1- Gram Kusrani Bichali (20-04-2021) <u>Ghat (01)</u> 1- Kurud, 127 TA Bataliyan Garhwal Rifal Camp (26-04-2021) <u>Karanprayag (01)</u> 1- Near Gram Bhatnagar, Railway Construction Company, DBL Parisar (27-04-2021)	
9	Tehri	09	<u>Tehri Gharwal (05)</u> 1- Shivalik Company, Near B Puram (21-04-2021) 2- Rajkiya Nursing College Sursingh Dhar, Hostel (24-04-2021) 3- Court Colony C –Block, Type I, Bhawan No- 4,5,7, Type -2 Bhawan No- C-11,12(18-04-2021) 4- Sector 9B, Bhawan N0- B 6 (18-04-2021) 5- Bhawan No- 8-A/150 Borari (29-04-2021) <u>Narendranagar (02)</u> 1- Nagar Palika Parisad, Munikireti, Ward No-06 (20-04-2021) 2- Nagar Palika Parisad, Munikireti, Ward No-04, Gali No-02 (22-04-2021) <u>Kirti Nagar (1)</u> 1- CHC, Kirti Nagar (20-04-2021) <u>Ghansali (1)</u> 1- Ghansali Bypass, Shri Deepak Rana Awas (24-04-2021)	
10	Rudraprayag	02	<u>Ukhimath (01)</u> 1- Jwahr Navodhya Vidhyalaya Parisar Jakhdhar (Guptkashi) (17-04-2021) <u>Rudraprayag (01)</u> 1- Gram Manigu, Augustmuni (30-04-2021)	
11	Pithoragarh	01	<u>Pithorgarh (01)</u> 1- Munakot block, Jhulaghat (29-04-2021)	
	Total	237		

**Avoid crowded places
for your own safety**



**avoid close contact
with people**

Details of Patients Treated & Cured and Death

Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	12
BAGESHWAR	60
CHAMOLI	6
CHAMPAWAT	46
DEHRADUN	2479
HARIDWAR	1123
NAINITAL	386
PAURI GARHWAL	6
PITHORAGARH	12
RUDRA PRAYAG	7
TEHRI GARHWAL	11
UDAM SINGH NAGAR	0
UTTAR KASHI	67
Total	4215

Hospital Wise Death

District	Name of the Hospitals	No. of deaths
Almora	Base Hospital, Almora	5
Dehradun	Aarogyadham Hospital, Dehradun	4
	AIIMS Rishikesh, Dehradun	6
	Arihant Hospital, Dehradun	1
	Govt. Doon Medical College, Dehradun	14
	Himalayan Hospital, Dehradun	12
	Kailash Hospital, Dehradun	3
	Lehman Hospital, Dehradun	1
	Max Hospital, Dehradun	1
	MH Dehradun	17
	ONGC Hospital, Dehradun	1
	Shri Mahant Indires Hospital	12
	Ujala Hospital, Dehradun	1
	Velmed Hospital, Dehradun	3
	Vivekanand Hospital, Dehradun	2
Haridwar	Shri Swami Bhumanand Hospital, Haridwar	1
	Vinay Vishal Healthcare Roorkee, Haridwar	1
Nainital	Dr. Susheela Tiwari Govt. Hospital, Haldwani	20
Pauri Garhwal	Base Hospital, Kotdwar	4
	HNB Base Hospital, Srinagar Pauri Garhwal	5
Rudraprayag	DH Rudraprayag	4
US Nagar	Gautam Hospital, Rudrapur	2
	The Medicity Hospital Rudrapur, US Nagar	2
TOTAL		122

Situation Update, Uttarakhand

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.



Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590
Uttarkashi	01374-222641, 7417162869



SOCIAL DISTANCING
is for your own Safety