

Date: 12-05-2021

Health Bulletin

Time: 06:30PM

कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation:</u> <u>Free</u> <u>Consultation from</u> <u>Esanjeevani</u>	http://www.esanjeevaniopd.in/Register Download app: https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>For Plasma Donations</u>	https://covid19.uk.gov.in/donateplasma.aspx
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand
Landline No. **0135-2656202** and Mobile: **9412029536**

COVID-19 Vaccination

☀ Sessions Held Today :	543
☀ Number of Beneficiaries Vaccinated Today :	38931
☀ Number of Beneficiaries Partially Vaccinated:	1839830
☀ Number of Beneficiaries Fully Vaccinated:	665280
☀ 18+ Vaccinated:	50184



उत्तराखण्ड शासन

कोरोना पॉजिटिव व्यक्ति

डाक्टर की सलाह के अनुसार घर में
रहते हुये जरूरी उपचार लेते रहें..

..अगर ऑक्सीजन का स्तर
94 से कम आता है
तब हमारे
हेल्प लाईन नम्बरस
जैसे 104 व ईं संजीवनी एप
के माध्यम से ऑनलाईन
रजिस्टर
करके जरूरी डाक्टरी
सलाह प्राप्त करें या स्वयं
को किसी अस्पताल में
भर्ती करवायें



NATIONAL HEALTH MISSION
एनएचएम मिशन





COVID-19
Uttarakhand State Control Room



दवाई भी.. कड़ाई भी
जिन्दगी जीतेगी, कोविड हारेगा..



मास्क का
प्रयोग करें



साबून से हाथ धोएँ
या सैनेटाइजर का
प्रयोग करें



6 FEET
फास बनाए रखें

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	2427	108215	34608	2860	6	5849	4788	399	5881	2860
Bageshwar	1052	54620	22932	2614	1	2396	2255	5	2224	1382
Chamoli	1399	79532	29731	2980	1	3953	3701	31	6335	4187
Champawat	1553	50631	13410	1878	7	2179	1835	166	5320	3227
Dehradun	5015	325448	110455	5536	184	34752	25774	459	23115	15223
Haridwar	4045	196722	46025	5397	28	16865	11761	287	46043	29053
Nainital	3756	153723	49256	4647	42	13464	9804	396	10642	6062
Pauri	2745	131006	35284	2685	26	7613	6191	229	6419	3866
Pithoragarh	2051	64612	19921	3124	3	3865	3375	94	6830	5040
Rudrapur	1745	44969	15753	2792	7	2322	1945	41	2228	1308
Tehri	2664	98032	31580	2702	24	6027	5273	28	4595	2994
US Nagar	5657	158813	44039	10278	43	11207	7957	629	15631	7972
Uttarkashi	1616	69607	38059	2691	8	3352	3074	62	4609	3320
Total	35725	1535930	491053	50184	380	113844	87733	2826	139872	86494





Recovered Today: 7005



Positive Cases Today: 7749

S⁺vt_y

Sample Positivity: 6.38%



Death Today: 109



Active Cases: 77082

1. Total cumulative Positive COVID-19 detected:	264683
2. Total Number (%) of COVID-19 Patients Treated/ Cured:	178459 (67.42%)
3. Total Number (%) of COVID-19 patients migrated/ Others:	5019 (1.90%)
4. Total Number (%) of COVID-19 Deaths:	4123 (1.56%)
5. Number of samples found negative for COVID-19 today:	27144
6. Total number of samples sent for COVID-19 testing today:	27796
7. Total number of cumulative samples found negative:	3881894
8. Total number of samples result awaited:	20271

**घर बैठे ई सजीवनी एप के द्वारा डाक्टर से
से स्वास्थ्य परामर्श लें..**

वो भी बिल्कुल मुफ्त!

राज्य के योग्य डाक्टरों की टीम
आनलाईन ईलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है..

मोबाईल या डेस्कटॉप कम्प्यूटर पर रोगी को
उपचार हेतु ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाईल के फारमेट में
डाउनलोड कर सकते हैं

**प्रतिदिन-
सुबह 9 बजे से सांय 8 बजे तक**

COVID-19
Uttarakhand State Control Room

9412080703, 9412080554

esSanjeevaniOPD
STAY HOME OPD

Toll Free No. 104

दवा भंगवा कर
नियमित रूप से
सेवन करना...

www.esanjeevaniopd.in/Register

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	959	790	116923	305	7689	124612	847
Bageshwar	539	596	85321	157	3678	88999	410
Chamoli	1698	1035	118712	203	7635	126347	1554
Champawat	720	905	120579	200	5687	126266	591
Dehradun	7804	6805	717107	2352	93849	810956	4982
Haridwar	4715	3972	1278407	913	41101	1319508	2823
Nainital	2297	2445	293376	886	31631	325007	1834
Pauri Garhwal	1359	1851	203377	427	12609	215986	926
Pithoragarh	1096	275	101088	173	6229	107317	1221
Rudraprayag	759	857	70258	232	5208	75466	809
Tehri Garhwal	1791	1345	139390	385	10718	150108	1797
US Nagar	2885	4197	478817	924	29646	508463	1580
Uttarkashi	1174	2071	158539	592	9003	167542	897
Total	27796	27144	3881894	7749	264683	4146577	20271

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	7689	5051	2023	81	534
Bageshwar	3678	2207	1407	39	25
Chamoli	7635	5244	2185	32	174
Champawat	5687	3514	1996	26	151
Dehradun	93849	63105	27958	2269	517
Haridwar	41101	27241	12662	348	850
Nainital	31631	23625	7245	634	127
Pauri Garhwal	12609	6725	5173	194	517
Pithoragarh	6229	4472	1666	79	12
Rudraprayag	5208	3196	1878	48	86
Tehri Garhwal	10718	5297	4522	50	849
U.S. Nagar	29646	22310	6176	282	878
Uttarkashi	9003	6472	2191	41	299
Total	264683	178459	77082	4123	5019

District-wise Hotspots/ Containment Zones

S.No.	District	Number Of Hotspot	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	78	<u>Dehradun (48)</u> 1- 446 A- Kurbura Mohalla Kanwali Road (11-04-2021) 2- Kargi Banjarawala , Near Kaali Mandir (15-04-2021) 3- Jaypee Hotel Barloganj (16-04-2021) 4- Tibetan Colony , Dikiling , Shastradhara Road (17-04-2021) 5- New Basti Asha Rodi, Durga Mandir Gali (23-04-2021) 6- New Basti Asha Rodi, Clement Town (23-04-2021) 7- Brahamwaala khalla, kandoli (27-04-2021) 8- Sumitra Bhawan, Library Mussorrie (27-04-2021) 9- Marievil Estate , Barloganj (27-04-2021) 10- Shamshegarh Road , Balawala Road (28-04-2021) 11- Lane No-05, Ekta Vihar Shastradhara Road (28-04-2021) 12- 59, Doon Hills Colony Lane No-01, Ring Road (28-04-2021) 13- Ganesh Hotel, Landour Cantt (28-04-2021) 14- Malingar Landour Cantt (30-04-2021) 15- B-172 Nehru Colony (30-04-2021) 16- 176 Upper Rajiv Nagar Dharampur (30-04-2021) 17- Balahissar (01-05-2021) 18- Tagore Colony (01-05-2021) 19- 09, Chander Road Dalanwaala (01-05-2021) 20- 35/79 Subhash Road , Chabra Pathology Lab waali gali (01-05-2021) 21- Badripur Majri Maffi Marg, Near Rawat Farm (01-05-2021) 22- Badrish Vihar Colony Miyawaala (01-05-2021) 23- Santala Devi Gram Jantanwaala Marg (01-05-2021) 24- Rajbhawan Colony Awass (01-05-2021) 25- Shiv Vihar Nikunj, Shastradhara Road, Adhwiwala (03-05-2021) 26- Near Woodspecker, Adhwiwala shastradhara Road (03-05-2021) 27- Ashiyana Enclave (03-05-2021) 28- Rajeshvari puram Jogiwala (04-05-2021) 29- 190 Model Colony, Araghar (05-05-2021) 30- 59 block II Arya Nagar (05-05-2021) 31- Ebargildi Block, Wood Stock (05-05-2021) 32- Jabru house , Tehri Bypass Marg (05-05-2021) 33- Tagor colony (05-05-2021) 34- C- Block Mandakini Vihar , Gali No- 1,2, & 3 (06-05-2021) 35- IIRS Kalidas Road (06-05-2021) 36- Bakery Hill, Mussorrie (07-05-2021) 37- Gram Kehri Gaon (07-05-2021) 38- 179/2/2 Rajpur Road (07-05-2021) 39- Indira Nagar Colony , Control Waali Gali (07-05-2021) 40- Ward No-93 Gorakhpur Chownk, Kishan Tent House (07-05-2021) 41- Nathuwala (07-05-2021) 42- 45A Garhi Cantt (08-05-2021) 43- Friends Colony, Defense colony E-12 (08-05-2021) 44- Indraprasth Enclave, Lane No-11, House No-38 (08-05-2021) 45- Vivekanand Gram Jogiwala Lane No-06, Street -4 (08-05-2021) 46- 106 Vijay Colony , New Cant Road (11-05-2021) 47- Kaulagarh Road, Anand Vihar (11-05-2021)
			<u>Vikas Nagar (05)</u> 1- Gram Lakhan waala Newat (Tibbeti Colony Ward No-08) (01-05-2021) 2- Gram Sudhhowaala , shakti Vihar (01-05-2021) 3- Gram Sudhooawaala, Jail Road (01-05-2021) 4- Gram Thakurpur (01-05-2021) 5- Gram Lakhanwala Newat (Tibbeti Colony Ward No-8) (11-05-2021)
			<u>Rishikesh (07)</u> 1- Gram Shyampur, Guddu Plot (29-04-2021) 2- Gram Chandraeswar Nagar , Chandraeswar Mandir Marg (29-04-2021) 3- Chandraeswar Nagar , Dayananad Marg , Gali no-03 (29-04-2021) 4- Gram Gumanawaala, Ward No-15 (03-05-2021) 5- Gram Khadri, Khadakmaaf , Lakhadghatt Road Teachers Colony (08-05-2021) 6- Gram Ghadimachak Near Evergreen Secondary Public School (08-05-2021) 7- Ward No-40 Nehru Gram Lane No-1 (08-05-2021)
			<u>Kalsi (2)</u> 1- Sahiya Bazar I (05-05-2021) 2- Sahiya Bazar II (05-05-2021)
			<u>Tyuni (4)</u> 1- Gram Baurad (Kuna) (30-04-2021) 2- Gram Kuna (05-05-2021) 3- Tauns River (10-05-2021) 4- Gram Naya Bazar (10-05-2021)
			<u>Chakrata (5)</u> 1- Chakrata Cantt Bazar (04-05-2021) 2- Gram Aurli (05-05-2021) 3- Gram Chama (08-05-2021) 4- Gram Bahmu (10-05-2021) 5- Cantt Bazar (10-05-2021)
			<u>Doiwala (7)</u> 1- Gram Madhowala, Markham Grant (06-05-2021) 2- Ward No-05, Kothari Mohalla Jollygrant (07-05-2021) 3- Ward No-05 Athurwala (Baghi) (07-05-2021) 4- Ward No-01, Missarwaala Khurd (07-05-2021) 5- Gram Khatta (30-04-2021) 6- Ward No-20, Lachiwala (8-05-2021) 7- Ward No- 4, Tarli Jolly (08-05-2021)

			48- Honda Estate, Near Model School (11-05-2021)	
2	Haridwar	24	Roorkee (04) 1- Radha Krishan Bhawan IIT Roorkee (16-04-2021) 2- Patanjali Yog Peeth , Phase-02, Block -2,Kashyap Bhawan (19-04-2021) 3- Canal View Apartment (Compound) 39 Civil Line IIT Roorkee , Jamuna Road (23-04-2021) 4- Kotley Bhawan, New Hostel Vigyan Kunj Boy, New Hostel Vigyan Kunj Girl Radha Krishna Bhawan (23-04-2021) Bhagwanpur (02) 1- Gram Kunja Bhadarpur (26-04-2021) 2- Gram Kunja Bhadarpur (10-05-2021) Haridwar (18) 1- Punjab & Sind , Kankhal (02-05-2021) 2- Gali no-03, Ambedkar Nagar, Jwalapur (02-05-2021) 3- R-27, R-46 Shivalik Nagar (02-05-2021) 4- T-42, T-43 Shivalik Nagar (02-05-2021) 5- H- 67 Shivalik Nagar (05-05-2021) 6- R- 181 Shivalik Nagar (05-05-2021) 7- B-16 Shivalik Nagar (05-05-2021) 8- P 220, P-222 Shivalik Nagar (08-05-2021)	9- H-16, H-15 Shivalik Nagar (08-05-2021) 10- L-79 Shivalik Nagar (08-05-2021) 11- Gali No-B 9, Subhash Nagar Jwalapur, Nagar Palika Parisad Shivalik nagar (09-05-2021) 12- Gali No- D 09, Subhash Nagar Jwalapur, Nagar Palika Parisad, Shivalik Nagar (09-05-2021) 13- Gali No-A9, Subhash Nagar Jwalapur Nagar Palika Parisad , Shivalik Nagar (09-05-2021) 14- Gali No- A 14 Subhash Nagar Jwalapur, Nagar Palika Parisad Shivalik Nagar (09-05-2021) 15- Shivlok Colony , Ranipur Mod (10-05-2021) 16- G-53 Shivalik Nagar (10-05-2021) 17- J-297,J- 308 Shivalik Nagar (10-05-2021) 18- Badri Bawala Dharamshala , Badi Sabzi Mandi Motibazar (10-05-2021)
3	Nainital	73	Haldwani (63) 1- Nababi Road , Kulyalpura (16-04-2021) 2- Murla Parisar, kalawati Chauraha , Barsati Nehar Road , Link Marg , Malla Gorakhpur (16-04-2021) 3- E- Block Near blossom School , Judgefarm (16-04-2021) 4- Amrawati Colony , Phase -2, Talli Bhamori (16-04-2021) 5- Opposite Gyanando School , Amarwati Colony Talli Bhamori (16-04-2021) 6- Pant Grill Udyog, Near S. Band , Saket Vihar Himmatpur Malla (16-04-2021) 7- Ganesh Nagar, Phase -03(19-04-2021) 8- Madhuvan Colony, Near White Hall School, Lohariyasal, Tala (19-04-2021) 9- Backside of Devashish Hotel, Bhotia Padao Haldwani (22-04-2021) 10- Backside of Harikripa Banquet, Near DAV School, kusumkheda Haldwani (22-04-2021) 11- Opposite of Crazy Kitchen , Thakur Dwara Gali, kathgodam (22-04-2021) 12- Dwarka Puri , Phase -01, RTO Office Road, Kusumkheda Haldwani (22-04-2021) 13- Gali no-07, Rampur Road, Haldwani (22-04-2021) 14- Near City Gift Shop, Badripura Haldwani (22-04-2021) 15- Rautela Colony, Roop Nagar choti Mukhani (22-04-2021) 16- Trilok Nagar, Malli Bhamori (24-04-2021) 17- Near Kapilaj Restaurant Pillykothi Mukhani (24-04-2021) 18- Ganga Enclave , Near Women Degree College (24-04-2021) 19- Near Tikku Modern School , Anand Bagh Bhotiya Padao (24-04-2021) 20- Trilok Nagar, Opposite Savitri School , Laldanth Road (24-04-2021) 21- Madhulika Vihar , Opposite LIC Office, kaladungi road (24-04-2021) 22- Near Baba Balaknath Mandir , Shiv pur Unchapul (24-04-2021) 23- Vishnupuram Himmatpur Malla, Bhagwanpur Road (24-04-2021) 24- Shanti Nagar Bhotiya Padao, Near Devaashish Hotel Nainital road (26-04-2021) 25- Judgefarm (26-04-2021)	43 Mahesh Nagar Talli Bhamori, Near Dr. Puneet Aggarwal Hospital , Nawabi Road (05-05-2021) 44 Madhuvan Colony -02, Near Swadam Restaurant Bhagwanpur Road (05-05-2021) 45 Opposite Himalayan Cricket Academy, Kamulwaganja Road (05-05-2021) 46 Near Trikona Park, Near Lagan Garden , Heeranagar (05-05-2021) 47 Ashok Vihar Colony, Near KVM School Sai Hospital Road (06-05-2021) 48 Shiv Mandir, Near Shiv Sundram Banquet Hall, Dhonhariya, Bhotiyapadao (06-05-2021) 49 Ambika Vihar , Behind amarpali Hotel Nainital Road (06-05-2021) 50 JK Puram Block E Opposite Star Health Center Mukhani (06-05-2021) 51 Adarsh Nagar Gali No-04, Near Bharti School Mukhani (06-05-2021) 52 Ved Bandhu Vihar, Near Ganesh Katha Factory Rampur Road (08-05-2021) 53 Dayal Vihar Phase 02, Near RTO Road Kusumkheda (08-05-2021) 54 Shakti Vihar , Near Milan Banquet Hall, Bariely Road (08-05-2021) 55 Gayatri Nagar Phase -1, Near Aditya Banquet Hall, Gas Godam Road (08-05-2021) 56 Lalmani Khimdev, Opposite Saras Bazar (08-05-2021) 57 Bithoriya No-02, Near Chandra Farm, Ward 38 (11-05-2021) 58 Shiv Vihar Gali no-03, Lohariyasal (11-05-2021) 59 S.K. Puram, Near Hanuman Mandir, Kamulwaganja Road (11-05-2021)

4	Pauri	17	26- Shriram Colony Phase 1, Near Trimurti Mandir Kamulawaganja (26-04-2021) 27- Shri Sidhivinayak Colony , Near Basudevapuram RTO Road (26-04-2021) 28- Pragati Vihar Phase-3, Opposite kanta Banquet Hall, Dhariya (26-04-2021) 29- Sarveda Colony , Near Ranvir Garden Dhariya (26-04-2021) 30- White Wash Colony Talli Bhamori , Near Vivekanand Hospital Mukhani (26-04-2021) 31- Opposite Rudrash Banquet Hall , Nawabi Road (26-04-2021) 32- Kumaon Colony , Jwahr Jyoti , Near Ayurvedic Hospital Dhamuwadhunga (28-04-2021) 33- Next to Tiwari Dharamkanta gali , Ramleela Maidan , sheesh Mahal Kathgodam (28-04-2021) 34- Bhagat Desh Raj Colony , Near Heera Convent School Pillykothi (28-04-2021) 35- Shyam Garden Gali no-2, Near Ramleela Maidan , Pillykothi (28-04-2021) 36- Ishwar Vihar, Near Kamla Banquet Hall, Chambal Pull, Dhamuwadhunga (03-05-2021) 37- Panchsheel Colony Phase 1, Pillykothi (03-05-2021) 38- Near Ganpati Enclave, Pillykothi (03-05-2021) 39- Janta Cement & Hardware , Near Panchayat Bhawan Pillykothi (03-05-2021) 40- Krishna Nursing Home Waali Gali, Subhash Nagar (04-05-2021) 41- Echo Town Phase -1, Farm No-03, Near Dhan Mill Dhariya (05-05-2021) 42- Parvati Vihar Laldanth Road, Near Prathamik Pathshala Bithoriya (05-05-2021)	60 Near Acharya Narendra Dev School, Bhagwanpur Road (11-05-2021) 61 Tanakpur Road , Near Droan Public School Rajpura (11-05-2021) 62 Jwahr Jyoti Dhamuwadhunga, Behind Highdyl , Near Devkhadi Kathgodam (11-05-2021) <u>Nainital (03)</u> 1- Tallital Bazar (29-04-2021) 2- Staff House Mallital (29-04-2021) 3- Gram Pandey Gaon Tok Ramniwas, Bhimtal (09-05-2021) <u>Ramnagar (02)</u> 1- Near Copper Restaurant waali Gali,, Chorpanni Ramnagar (23-04-2021) 2- Bharatpuri Ramnagar (Shri Dhanshyam Chimwaal home to Shri Balam singh Home tak) (23-04-2021) <u>Kaushya Kutoli (05)</u> 1- Kharna Garampanni Bazar (28-04-2021) 2- Gram MallaGaon Patti Unchakot (29-04-2021) 3- Gram Sim Patti Bargal (03-05-2021) 4- Gram Talla Bhardo Patti , Mallakaushya (07-05-2021) 5- Gram Naudhar Tok Ranibagh Patti, Tallakaushya (07-05-2021)
			<u>Kotdwar (09)</u> 1- Shri Dharmendra Negi House Paschim Disha Road & Purab Disha Road (24-04-2021) 2- Divya Tiwari House, Shivraj pur RCD opposite school gate kotdwar(25-04-2021) 3- 124 Devi Road, Kotdwar (25-04-2021) 4- Jal Nigam Store DL Road Sukhro (24-04-2021) 5- Bank Colony Johnpur (24-04-2021) 6- Back side of Bisht Classes, kashirampur talla (24-04-2021) 7- Devram pur, Ward No-32, Shivraj pur (24-04-2021) 8- SGRD Degree College , Ward No-20 (08-05-2021) 9- Ward No-37, Paschami Jhandichaud , Geep Stand Gali No-02 (08-05-2021) <u>Chakisain (01)</u> 1- Rath Mahavidhyalaya Paithani (24-04-2021)	<u>Srinagar (03)</u> 1- Hotel Chandralok, Srikot, Ganganali (11-04-2021) 2- Swarg Ashram Laxman Jhula (18-04-2021) 3- Pramarth Niketan Ashram (18-04-2021) <u>Pauri (03)</u> 1- Gram Dhob, Srikot Patti Nandlasyu (20-04-2021) 2- Ward no-06, Purana Kendriya Vidhyalaya (30-04-2021) 3- Ward No-07, Vikas Marg (30-04-2021) <u>Satpuli (01)</u> 1- Gram Bandun, Patti Malla Badalpur -04 (06-05-2021)
5	Uttarkashi	80	<u>Bhatwari (30)</u> 1- Gram Kansain Patti Badahaat , Up Tehsil joshiyada, shiv Kumar Sailwal III (30-04-2021) 2- Gram Joshiyada, Badahaat (Anita) (30-04-2021) 3- Gram Koti, joshiyada (Dharmendra Bhawan) (30-04-2021) 4- Gram Kansain Patti Badahaat , Up Tehsil Joshiyada ,Purshottam IV (30-04-2021) 5- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XV (Ranveer) (30-04-2021) 6- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XVI (Ashish Joshi) (30-04-2021) 7- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XVII (Mattu Devi) (30-04-2021) 8- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XVIII	(05-05-2021) 10 Nagar Palika Parisad Ward No-05 (06-05-2021) 11 Nagar Palika Parisad Ward No-06 (06-05-2021) 12 Nagar Palika Parisad Ward No-07 (06-05-2021) 13 Gram Kisna (06-05-2021) 14 Gram Kupada (06-05-2021) 15 Dhanwantri Public School (06-05-2021) 16 Nagar Panchayat Naugaon , Ward No-04 (06-05-2021) 17 Banighad Bazar (07-05-2021) 18 Gram Dakhyatgaon (07-05-2021) 19 Gram Bhakoti (08-05-2021) 20 Gram Vigansi (08-05-2021)

			(Sher Singh , Sunil Kumar) (30-04-2021) 9- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, XIX (Pushpa, Kishan Singh Anjali) (30-04-2021) 10- Gram Barethi , Up tehsil Joshiyara (30-04-2021) 11- Gram Badahaat , Up Tehsil Joshiyada I (01-05-2021) 12- Gram Badahaat , Up Tehsil Joshiyada (01-05-2021) 13- Gram Gyansu, Up Tehsil Joshiyada, XX (Guddi Awas) (01-05-2021) 14- Gram Badahaat , Up Tehsil Joshiyada (Vandana Awas) III (01-05-2021) 15- Gram Badahaat , Up Tehsil Joshiyada (Ganesh Bhatt Awas) IV (01-05-2021) 16- Gram Badahaat , Up Tehsil Joshiyada (Harish Bhatt Awas) V (01-05-2021) 17- Gram Joshiyada,Madya Nathali Awas, Up Tehsil Joshiyada (05-05-2021) 18- Gram Ladhadi, Madya Akashvani Colony (05-05-2021) 19- Gram Dilsaud Madya Manera Tok, Up Tehsil Joshiyada (04-05-2021) 20- Gram Badhaat Up tehsil Joshiyada (Panwar Bhawan) (05-05-2021) 21- Gram Ladhadi, Madya Udhyog , Vibhag colony (05-05-2021) 22- Gram Badahaat, Up tehsil Joshiyada (Hotel Nainkaran) (05-05-2021) 23- Gram Badahaat , Up tehsil Joshiyada (Bahuguna Bhawan) (05-05-2021) 24- Gram Gyansu, Up tehsil joshiyada (Seema Joshi) (05-05-2021) 25- Gram Badhaat, up tehsil joshiyada (Gaur Bhawan) (05-05-2021) 26- Gram sukki (06-05-2021) 27- Gram Kishanpur Patti (10-05-2021) 28- Gram Pala Patti Taknor (10-05-2021) 29- Gram Jaspur, Patti Badhagadi (12-05-2021) 30- Gram Jamak, Patti Nald Kathud (12-05-2021) <u>Barkot (32)</u> 1 Nagar Panchayat, Ward No-04, Naogaon (21-04-2021) 2 Madhya Sakrola, tok dobata (21-04-2021) 3 Nagar Palika Parisad Barkot, Ward No-05 Anshik (23-04-2021) 4 Nagar Palika Parisad Barkot Ward No-03 Anshik (23-04-2021) 5 Kendriya Vidhyalaya Rajghadi (24-04-2021) 6 Gram Upradi (25-04-2021) 7 Gram Dandalgaon (27-04-2021) 8 Ward No-04, Nagar Palika Parisad (27-04-2021) 9 Nagar Panchayat Naugaon Ward No-05	21 Gram Sada (08-05-2021) 22 Gram Matiyali (08-05-2021) 23 Gram Nandgaon (08-05-2021) 24 Gram Manjiyali (08-05-2021) 25 Gram Khirmu (09-05-2021) 26 Gram Kawadi (09-05-2021) 27 Gram Nagangaon (10-05-2021) 28 Gram Kuthnaur (10-05-2021) 29 Gram Bhatiya (10-05-2021) 30 Kharadi Bazar (10-05-2021) 31 Gram Bijori (10-05-2021) 32 Gram Matla (11-05-2021) <u>Purola (11)</u> 1- Gram Upala Math (26-04-2021) 2- Nagar Panchayat , Ward No-06 Nirankari Satsang Bhawan (06-05-2021) 3- Nagar Panchayat , Ward No-07 Nagraja Mandir (06-05-2021) 4- Gram Kantadi (08-05-2021) 5- Gram Dhoni (09-05-2021) 6- Nagar Panchayat Purola, Ward no-03, Near Jal Sansthan office (12-05-2021) 7- Gram Pora (12-05-2021) 8- Gram Thakada (12-05-2021) 9- Gram Saundhadi (12-05-2021) 10- Gram Chanika (12-05-2021) 11- Gram Maultadi (12-05-2021) <u>Joshiyada (01)</u> 1- Gram Ladhadi (26-04-2021) <u>Chinvalisaur (04)</u> 1- Gram Chootimani (06-05-2021) 2- Gram Badimani (06-05-2021) 3- Gram New Khalsi Patti Dashagi (09-05-2021) 4- Gram Sarp Patti Dilchi (09-05-2021) <u>Mori (02)</u> 1- Saud I (10-05-2021) 2- Saud II (10-05-2021)
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6	Udhamsingh Nagar	90	Rudrapur (84) 1- CMO Office Karamchari Awas (28-04-2021 to 12-05-2021) 2- CMO Office Karamchari Awas (30-04-2021 to 12-05-2021) 3- Gram Bhigwada Dev Homes K-20 (30-04-2021 to 12-05-2021) 4- Gram Dhanpur Samiya lake city A-42/F Rudrapur (30-04-2021 to 12-05-2021) 5- Pantnagar Airport (01-05-2021 to 12-05-2021) 6- Danpur Samia lake city (01-05-2021 to 12-05-2021) 7- B-1/7 Metropolis City (01-05-2021 to 12-05-2021) 8- A-3 Metropolis city (01-05-2021 to 12-05-2021) 9- A-4 Metropolis City (01-05-2021 to 12-05-2021) 10- D-1,D-2 Adarsh Colony (02-05-2021 to 12-05-2021) 11- D-7 Swagat Enclave Bhoora Rani (03-05-2021 to 11-05-2021) 12- Danpur Samia lake city (02-05-2021 to 13-05-2021) 13- Ravindra Nagar Kalyani Vyu (Radhika Vihar) (02-05-2021 to 13-05-2021) 14- Rampura Friends Circle B-1 (02-05-2021 to 13-05-2021) 15- Ward no-08 Rampura (02-05-2021 to 12-05-2021) 16- B-6 Gali No 02, Model Colony (02-05-2021 to 13-05-2021) 17- Flat B 2/ 1 Metropolise city (03-05-2021 to 12-05-2021) 18- Omex Rohan D-4 (03-05-2021 to 12-05-2021) 19- Omex Rivera Nizer A 210 (03-05-2021 to 12-05-2021) 20- Omex Rivera Gangez B-206 (03-05-2021 to 13-05-2021) 21- D 3/2, Flat No-14 Metropolis City (04-05-2021 to 12-05-2021) 22- Gram Bhigwada Kaushalaya Enclave (04-05-2021 to 15-05-2021) 23- Ward No-10, Gandhi Colony (04-05-2021 to 13-05-2021) 24- Shimla Bahadur (04-05-2021 to 14-05-2021) 25- C-69 Alliance Kingstone State (04-05-2021 to 11-05-2021) 26- Malik Colony 83 (04-05-2021 to 11-05-2021) 27- Alliance City 01 B Bhoora Rani (03-05-2021 to 12-05-2021) 28- AGM 61 Galla Mandi (04-05-2021 to 12-05-2021) 29- Vita 57 Omex Rivera (04-05-2021 to 11-05-2021) 30- Alliance Kins estate Face -02, Bhoora Rani (5-05-2021 to 11-05-2021) 31- Nizer B Flat No- 407, Omex Rivera (04-05-2021 to 11-05-2021) 32- Nizer D Flat No- 404, Omex Rivera (04-05-2021 to 11-05-2021) 33- H-10, Flat No-12 Metropolis City (04-05-2021 to 13-05-2021) 34- Gangez C flat No-01, Omex Rivera 14-05-2021) 35- D-1/5 Flat 51 Metropolise (04-05-2021 to 11-05-2021) 36- B 1/11 Flat No-14 Metropolis City (04-05-2021 to 14-05-2021) 37- B Flat No 404 Omex Rivera (04-05-2021 to 12-05-2021) 38- Ward No-19 Awas Vikas I (02-05-2021 to 10-05-2021) 39- Ward No-19 Awas Vikas II (02-05-2021 to 15-05-2021) 40- Gol Market Gandhi Colony (04-05-2021 to 11-05-2021) 41- Lamda 31 Omex Rivera (04-05-2021 to 11-05-2021) 42- Model Colony, Near Gopinath Mandir (06-05-2021 to 15-05-2021) 43- Friends Circle (06-05-2021 to 15-05-2021) 44- Model Colony Gali No-01 (Radha mohan Kunj Bhawan) (06-05-2021 to 19-05-2021) 45- B 1/16 Flat No-34 Metropolis City (06-05-2021 to 15-05-2021)	77- Gram Khanpur XII (Khanpur No-01) (09-05-2021 to 23-05-2021) 78- Gram Fazalpur Mehrola, lok vihar colony I (11-05-2021 to 24-05-2021) 79- Adarsh Colony Ghasmandi I (11-05-2021 to 24-05-2021) 80- Gram Fazalpur Mehrola, lok vihar colony II (11-05-2021 to 24-05-2021) 81- Adarsh Colony Ghasmandi II (11-05-2021 to 24-05-2021) 82- Adarsh Colony Ghasmandi II I (11-05-2021 to 24-05-2021) 83- Dhanpur Samya Lake City (Bhagirathi apartment) (11-05-2021 to 24-05-2021) 84- Dhanpur Samya Lake City (Saryu Apartment) (11-05-2021 to 24-05-2021)
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		46- Gram fazalpur Mehrola , Preet Vihar (06-05-2021 to 19-05-2021) 47- Alliance Kingston State (06-05-2021 to 17-05-2021) 48- B 1/3 Flat No-44, Metropolis City (06-05-2021 to 14-05-2021) 49- B 1 / 4 Flat No- 23, Metropolis City (06-05-2021 to 14-05-2021) 50- Shakti Vihar Jagatpura (06-05-2021 to 14-05-2021) 51- A 43/2 Awas Vikas (06-05-2021 to 15-05-2021) 52- Reserve Police Line (06-05-2021 to 15-05-2021) 53- Gram Phulsungi (06-05-2021 to 15-05-2021) 54- Gram Phulsunga (06-05-2021 to 15-05-2021) 55- Gram Shimla Pistor, Pisteon Homes, Flat No- A 202 (04-05-2021 to 12-05-2021) 56- Ebro C Flat No-102, Omex Rivera (06-05-2021 to 13-05-2021) 57- Ebro D Omex Rivera (06-05-2021 to 13-05-2021) 58- A-2 Flat N-44 Metropolis City (10-05-2021) 59- D 1/3 Flat no-02, Metropolis City (10-05-2021) 60- Gram Kali Nagar, Khokanpada , Bindupada, Udav Pada , Thana Dineshpur (10-05-2021 to 24-05-2021) 61- B 1/15 Flat No-64, Metropolis City (08-05-2021 to 20-05-2021) 62- D 3/2 Flat No 64, Metropolis City (10-05-2021) 63- Gram Burarani, Ward no-32 Rudrapur (08-05-2021 to 19-05-2021) 64- Metropolis City Ward No-40 (11-05-2021 to 24-05-2021) 65- Omex Rivera Ward No-40 (11-05-2021 to 24-05-2021) 66- Gram Khanpur I (Khanpur No-01) (09-05-2021 to 23-05-2021) 67- Gram Khanpur II (Khanpur No-01) (09-05-2021 to 23-05-2021) 68- Gram Khanpur III (Khanpur No-01) (09-05-2021 to 23-05-2021) 69- Gram Khanpur IV (Khanpur No-01) (09-05-2021 to 23-05-2021) 70- Gram Khanpur V (Khanpur No-01) (09-05-2021 to 23-05-2021) 71- Gram Khanpur VI (Khanpur No-01) (09-05-2021 to 23-05-2021) 72- Gram Khanpur VII (Khanpur No-01) (09-05-2021 to 23-05-2021) 73- Gram Khanpur VIII (Khanpur No-01) (09-05-2021 to 23-05-2021) 74- Gram Khanpur XI (Khanpur No-01) (09-05-2021 to 23-05-2021) 75- Gram Khanpur X (Khanpur No-01) (09-05-2021 to 23-05-2021) 76- Gram Khanpur XI (Khanpur No-01) (09-05-2021 to 23-05-2021)	<u>Sitarganj (1)</u> 1- Gram Balkheda (04-05-2021 to 13-05-2021) <u>Gadarpur (4)</u> 1- Jaganpuri Amritpur No-02, Dineshpur (01-05-2021 to 14-05-2021) 2- Kali Nagar Dineshpur (01-05-2021 to 15-05-2021) 3- Gram Dhimari Block (Tila) Thana Dineshpur (09-05-2021 to 21-05-2021) 4- Gram Dhimari Block, Thana Dineshpur (09-05-2021 to 21-05-2021) <u>Kicha (1)</u> 1- Gram Chinki (Gidhpuri) (05-05-2021 to 19-05-2021)
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7	Champawat	30	<u>Tanakpur (15)</u> 1- Railway Colony (19-04-2021) 2- Canal Colony (19-04-2021) 3- Pithorgarh Chungi (22-04-2021) 4- Ward No-03, Banbasa (22-04-2021) 5- Kharkwal Garden (25-04-2021) 6- Vishnupuri Colony (25-04-2021) 7- Bhajanpur Bankhet (25-04-2021) 8- Gram Chandani (28-04-2021) 9- Gram Aambagh (28-04-2021) 10- Village Syala, Sukhidhang (01-05-2021) 11- Ward No-02, Banbasa (03-05-2021) 12- Ward no-02 Tanakpur (04-05-2021) 13- Hari Garden (06-05-2021) 14- Bamanpuri, Banbasa (06-05-2021) 15- Pach Pakaria , Banbasa (06-05-2021) <u>Barakot (2)</u> 1- Bautadi (25-04-2021) 2- Vill Dyartoli (03-05-2021)	<u>Lohaghat (4)</u> 1- HathrangiyaWard (16-04-2021) 2- Khiri (25-04-2021) 3- Vill. Gambhir Gaon (03-05-2021) 4- Village Dungabora (08-05-2021) <u>Champawat (08)</u> 1- JNV Champawat (28-04-2021) 2- Village Maunpokhri (28-04-2021) 3- Village Dyuri (Tok Chalthi) (07-05-2021) 4- Village Talli Khatoli (07-05-2021) 5- Village Malli Khatoli (07-05-2021) 6- Village Dyuri (Tok Belkhet) (07-05-2021) 7- Sorai (09-05-2021) 8- Bakoda (Mandar Tok) (09-05-2021) <u>Pati (1)</u> 1- Pati Bazar (25-04-2021)
8	Chamoli	08	<u>Ghat (01)</u> 1- Gram Guladi (05-05-2021) <u>Karanprayag (02)</u> 1- Near Gram Bhatnagar, Railway Construction Company, DBL Parisar (27-04-2021) 2- Near Gram Bhatnagar, Railway Construction Company, Megha Parisar (06-05-2021)	<u>Pokhri (03)</u> 1- Gram Sabha Uttaro, Didholi Tok (05-05-2021) 2- Gram Kandai Khola (08-05-2021) 3- Gram Sharnachai (03-05-2021) <u>Joshimath (01)</u> 1- Ravi Gram Ward (07-05-2021) <u>Narayangarh (01)</u> 1- Gram Panchayat, Dungri (Dungri Tok) (09-05-2021)
9	Tehri	21	<u>Tehri Gharwal (05)</u> 1- Court Colony C –Block, Type I , Bhawan No- 4,5,7, Type -2 Bhawan No- C-11,12(18-04-2021) 2- Sector 9B, Bhawan N0- B 6 (18-04-2021) 3- Bhawan No- 8-A/150 Borari (29-04-2021) 4- Gram Bageed (29-04-2021) 5- Gram Kudiyalgaon (09-05-2021) <u>Narendranagar (03)</u> 1- Nagar Palika Parisad, Munikireti, Ward No-06 (20-04-2021) 2- Nagar Palika Parisad, Munikireti, Ward No-04, Gali No-02 (22-04-2021) 3- Ward N0-01 Kusumkheda (22-04-2021)	<u>Jakhnidhar (1)</u> 1- Gram Ragad Pipola (22-04-2021) <u>Kirti Nagar (6)</u> 1- CHC, Kirti Nagar (20-04-2021) 2- Gram Jiyalgarh (06-05-2021) 3- Gram Chopadiya (06-05-2021) 4- Gram Thati (08-05-2021)\ 5- Gram Sabha Devgadi (09-05-2021) 6- Gram Jakhand (09-05-2021) <u>Ghansali (1)</u> 1- Ghansali Bypass, Shri Deepak Rana Awas (24-04-2021) <u>Kandisaur (4)</u> 1- Gram Indiyar Gaon (03-05-2021) 2- Gram Byadgaon, Naagrajdhar (06-05-2021) 3- Gram Jamani (06-05-2021) 4- Gram Kansayud (06-05-2021) <u>Devprayag (1)</u> 1- Gram –Baghi (07-05-2021)
10	Rudraprayag	09	<u>Ukhimath (01)</u> 1- Jwahr Navodhya Vidhyalaya Parisar Jakhdhar (Guptkashi) (17-04-2021) <u>Rudraprayag (04)</u> 1- Gram Manigu , Augustmuni (30-04-2021) 2- Jaggikandayi (04-05-2021) 3- Gram Hitdang (08-05-2021) 4- Gram Bhatwari (08-05-2021) <u>Jhakholi (03)</u> 1- Gram Panchayat , Dangwal Gaon (30-04-2021) 2- Gram Dangwalgaon (30-04-2021)	<u>Basukedhar (01)</u> 1- Gram Dhankot (04-05-2021)

			3- Gram Bhanoli (06-05-2021)	
11	Pithoragarh	09	Pithoragarh (09) 1- Munakot block, Jhulaghat (29-04-2021) 2- Jakhani (04-05-2021) 3- Raye (04-05-2021) 4- Bajati (Hayat Ram & Roshan) (04-05-2021) 5- Tildukri (04-05-2021) 6- Sarkari Awas Bhawan No- E-4 to E-7 (04-05-2021) 7- B Saran & Co.Awas (04-05-2021) 8- Jhuni Malan (04-05-2021) 9- Siroli (04-05-2021)	
12	Almora	11	Janti/Bhanoli (01) 1- Gram Chamtola & Devalsidhi (01-05-2021) Ranikhet (01) 1- Gram Gaghoda (01-05-2021) Someshwar (02) 1- Gram Malla, Vikas Khand Takula (05-05-2021) 2- Gram Adhuriya & Gram Supakot (09-05-2021) Syaldev (01) 1- Gram Gharkhet Kaljhipa Joshi, Vikas Khand Syaldev (06-05-2021) Bhikyasain (01) 1- Gram Bharkenda vikaskhand sult (07-05-2021)	Chaukhutia (01) 1- Gram Jhudga Kanuli/Panyali, Masi /Chakdobri, Masi Bazar, Kalachinna (07-05-2021) Sult (02) 1- Gram Mathani (07-05-2021) 2- Gram Naikna(07-05-2021) Dwarahat (01) 1- Gram Pali & Gram Naikhola (08-05-2021) Bhanoli (01) 1- Gram Makdao (08-05-2021)
13	Bageshwar	03	Bageshwar (02) 1- Kathyatbada (ThakurdwarWard) (06-05-2021) 2- Gram Dugapatali (Malta) (06-05-222021) Kapkot (01) 1- Gram Supi , tok talla Supi (07-05-2021)	
	Total	453		



Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	131
BAGESHWAR	291
CHAMOLI	242
CHAMPAWAT	141
DEHRADUN	2254
HARIDWAR	703
NAINITAL	678
PAURI GARHWAL	94
PITHORAGARH	161
RUDRA PRAYAG	94
TEHRI GARHWAL	157
UDAM SINGH NAGAR	1578
UTTAR KASHI	481
Total	7005

कोविड 19 से पूर्ण स्वस्थ होने पर आप अपना 'ब्लड प्लाज्मा' किसी ऐसे व्यक्ति को दान में दे सकते हैं जो आपके ब्लड ग्रुप का है और इस गंभीर बीमारी से जूझ रहा है..



आपके ब्लड प्लाज्मा दान देने से आपके शरीर पर कोई अन्तर नहीं पड़ेगा, किन्तु दूसरे गंभीर मरीज को जीवनदान मिल सकता है...

Hospital Wise Death

District	Name of the Hospital	No. of Deaths
Almora	Base Hospital, Almora	6
Champawat	DH, Champawat	2
Dehradun	Aarogyadham Hospital	2
	AIIMS Rishikesh	7
	Himalayan Hospital	11
	Kailash Hospital, Dehradun	3
	Kalindi Hospital, Vikasnagar	3
	Lehman Hospital, Dehradun	4
	Max Hospital Dehradun	2
	MH Dehradun	6
	ONGC Hospital, Dehradun	2
	shri Mahant Indires Hospital	8
	Subharti Hospital	2
	Synergy Institute Of Medical Sciences	5
	Aarogyam Hospital, Haridwar	1
	Mela Hospital, Haridwar	2
	Metro Hospital Haridwar	1
Nainital	Dr. Susheela Tiwari Govt. Hospital, Haldwani	15
	Vivekanand Hospital	1
Pauri Garhwal	Central Hospital, Dehradun	4
	HNB Base Hospital, Srinagar	6
US Nagar	Prayas Hospital, Khatima	4
	Sanjeevani Hospital, Kashipur	1
	Siddhi Vinayak Hospital, US Nagar	1
	Swastik Hospital, US Nagar	2
	The Medicity Hospital Rudrapur	7
	Ujala Hospital, Kashipur	1
Total		109



Situation Update, Uttarakhand

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.



Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869



SOCIAL DISTANCING
is for your own Safety