

Date: 31-05-2021

Health Bulletin

Time: 6:30PM

दवाई भी.. कड़ाई भी

अपना फेस कवर / मास्क
सही से पहने चाहे
बाजार में हों या अपने
आफिस परिसर में
लापरवाही घातक हो
सकती है..



**सतर्कता
ही बचाव है!**



मास्क का
प्रयोग करें



साबुन से हाथ धोएँ
या सैनिटाइजर का
प्रयोग करें



FEET
परस्पर दूरी
है जरूरी

दवाई भी.. कड़ाई भी



**पूर्ण टीकाकरण
के बाद मिलेगा
छुटकारा
सभी बन्धनों से..**

परस्पर दूरी बना कर रखें,
सैनिटाइजर का प्रयोग करें,
अपना फेस कवर / मास्क
हर समय पहने



ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से
लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त ईलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाइल के फॉरमेट में
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन
करके भी डाउनलोड कर सकते हैं

www.esanjeevaniopd.in/Register

COVID-19
Uttarakhand State Control Room



eSanjeevani OPD
STAY HOME OPD



सही से मास्क न पहनना घातक है आपके लिये...
और आपके परिवार के लिये

COVID-19
Uttarakhand State Control Room



वया मास्क पहनना आपके लिये मात्र भीषणारिखता भर है...

चुनौती बड़ी है! साथ मिलकर चलें, सहयोग करें

आज उन हेल्थकेयर वर्कर्स की पीठ थपथपानी है,
जो दिन रात आपकी सेवा में लगे हैं!
और **हाई रिस्क जोन** में काम कर रहे हैं...

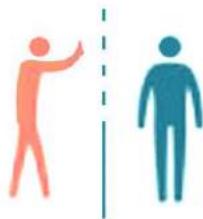
ताकि आप बच सकें, ताकि देश बचे,
देश की इकोनोमी सुरक्षित रहे!!



अगर आप **कोविड-19** से संक्रमित हैं या परिवार में संक्रमित लोग हैं..
तो आप खुद सावधानी बरतिये
ताकि कोई दूसरा संक्रमित न हो!



घर में रहें



दूसरों के
सम्पर्क
में न आरें



खांसते समय
अपने मुंह व नाक
को ढकें

इस्तेमाल के
बाद व्यर्थ सामग्री
को कूड़ेदान में डालें
और हाथों को
अच्छी तरह साफ करें!



सरफेस एरिया को
साफ रखें



कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register Download app: https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

Landline No. 0135-2656202 and Mobile: 9412029536

Date: 31-05-2021

Health Bulletin

Time: 6:30PM



Positive Today: 1156



Recovered Today: 3039



Death Today: 44



Active Cases: 28371

S⁺vt_y

Sample Positivity: 6.87%

R%

Recovery Percentage: 87.69%

1. Total cumulative Positive COVID-19 detected: 329494
2. Total Number (%) of COVID-19 Patients Treated/ Cured: 288928 (87.69%)
3. Total Number (%) of COVID-19 patients migrated out of state: 5743 (1.74%)
4. Total Number (%) of COVID-19 Deaths: 6452* (1.96%)
5. Number of samples found negative for COVID-19 today: 29310
6. Total number of samples sent for COVID-19 testing today: 29223
7. Total number of cumulative samples found negative: 4465391
8. Total number of samples result awaited: 7893

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

बहुत हो गया! बेपरवाही और मनमानी अब और नहीं..

जिनके परिवार में कोविड संक्रमित लोग हैं खुद के लक्षण न होने पर

भी टेस्ट करायें!! अब यह समझ लेना जरूरी है

कि मास्क क्यों और कैसे लगाते हैं!

लाकडाउन खुलने पर सारी हदें

न पार कर जायें!!!

संक्रमितों की संख्या में कमी आपके जागरूक होने पर आयेगी...



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	646	689	135973	82	11034	147007	543
Bageshwar	1011	1110	109713	47	5396	115109	420
Chamoli	1361	1169	144193	64	11516	155709	333
Champawat	736	904	136500	32	7202	143702	471
Dehradun	7405	5981	845980	205	108483	954463	3052
Haridwar	6733	6998	1409257	105	49525	1458782	206
Nainital	1902	2146	329553	161	37735	367288	706
Pauri Garhwal	916	892	223496	84	17064	240560	282
Pithoragarh	1833	1545	121541	74	9205	130746	439
Rudraprayag	669	489	88463	37	8303	96766	255
Tehri Garhwal	1980	1732	164046	42	15224	179270	461
US Nagar	3572	4622	572105	173	36883	608988	427
Uttarkashi	459	1033	184571	50	11924	196495	298
Total	29223	29310	4465391	1156	329494	4794885	7893

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	11034	9013	1317	135	569
Bageshwar	5396	4329	996	46	25
Chamoli	11516	9210	2069	56	181
Champawat	7202	6250	738	50	164
Dehradun	108483	101484	3251	3169	579
Haridwar	49525	40163	7350	846	1166
Nainital	37735	35047	1689	872	127
Pauri Garhwal	17064	13092	3116	256	600
Pithoragarh	9205	7116	1967	110	12
Rudraprayag	8303	6798	1321	71	113
Tehri Garhwal	15224	12622	1650	66	886
U.S. Nagar	36883	33166	2022	702	993
Uttarkashi	11924	10638	885	73	328
Total	329494	288928	28371	6452	5743

Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	102
BAGESHWAR	89
CHAMOLI	410
CHAMPAWAT	69
DEHRADUN	865
HARIDWAR	308
NAINITAL	163
PAURI GARHWAL	126
PITHORAGARH	0
RUDRA PRAYAG	180
TEHRI GARHWAL	230
UDAM SINGH NAGAR	380
UTTAR KASHI	117
Total	3039



कोविड को हराने के लिये सावधान रहने के अलावा शरीर की रोग प्रतिरोधकता को बढ़ाना भी जरूरी है-

- + ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- + यथासंभव गर्म पानी का सेवन करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + तुलसी, दालचीनी, कालीमिर्च व सोंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में निरामित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



च्यवनप्राश



Hospital Wise Death

District	Cumulative Deaths	Name of The Hospitals	No. of Deaths
Chamoli	56	Other Than Hospital	1
Dehradun	3169	AIIMS Rishikesh, Dehradun	5
		Govt.Doon Medical College, Dehradun	4
		Himalayan Hospital, Dehradun	1
		Lehman Hospital, Dehradun	1
		MH, Dehradun	2
		Prasad Doon Hospital, Dehradun	1
		Shri Mahant Indresh Hospital, Dehradun	4
		Subharti Hospital, Dehradun	1
		Velmed Hospital, Dehradun	2
Haridwar	846	MH Roorkee, Haridwar	1
		SDH Roorkee, Haridwar	2
		Vinay Vishal Health Care, Haridwar	1
Nainital	872	Dr. Susheela Tiwari Govt. Hospital Haldwani, Nainital	6
		Sai Hospital, Nainital	1
Pauri Garhwal	256	HNB Base Hospital Srinagar, Pauri Garhwal	1
Pithoragarh	110	DH, Pithoragarh	1
Rudraprayag	71	Other Than Hospital	1
US Nagar	702	Gautam Hospital Rudrapur, US Nagar	2
		JLN DH Rudrapur, US Nagar	2
		Sanjeevani Hospital Kashipur, US Nagar	2
		The Medicity Hospital, US Nagar	2
Grand Total			44

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

***(A) DEHRADUN (03):**

SMIH Hospital (01)- 20 May 2021 (1)

Subharti Hospital (02)- 29 April 2021 (1), 03 May 2021 (1)

***(B) HARIDWAR (02):**

New Dev Bhoomi Hospital (01)- 06 May (1)

SDH Roorkee Hospital (01)- 28 May (1)

***(C) US NAGAR (02):**

LD Bhatt Hospital (02)- 06 May 2021 (1), 28 May 2021 (1)

Mucormycosis Cases and Deaths - Uttarakhand as on 31.05.2021

S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
2	Dehradun	City Heart Hospital	1	0	0
		AIIMS Rishikesh	140	8	4
		Max Hospital	7	0	3
		Doon Medical College	11	0	0
		Sri Mahant Indresh Hospital	15	3	0
		HIHT Joly Grant	26	4	6
		Aarogyadham Hospital	2	0	0
		ONGC Hospital	1	0	0
3	Nainital	Krishna Hospital, Haldwani	3	0	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	12	1	0
		Tiwari Nursing Home	1	0	0
4	Uttarkashi	District Hospital	1	0	0
Total			221	17	13

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500



Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869



COVID-19 Vaccination

31st May 2021

☀ Sessions Held Today :	353
☀ Number of Beneficiaries Vaccinated Today :	15203
☀ Number of Beneficiaries Partially Vaccinated:	2231575
☀ Number of Beneficiaries Fully Vaccinated:	683881
☀ Total 18-44 years beneficiaries Vaccinated:	272079

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,945	124705	36,110	14,950	4	5,919	4,805	58	8,952	2,888
Bageshwar	364	59311	23,152	15,033	0	2,434	2,259	0	2,290	1,399
Chamoli	390	89563	30,281	15,404	1	3,982	3,702	1	6,447	4,247
Champawat	1,021	54909	14,119	14,876	1	2,205	1,852	83	6,474	3,349
Dehradun	2,973	352047	113,366	41,669	49	35,825	26,068	135	27,005	15,417
Haridwar	1,608	218133	48,930	32,680	7	17,149	11,860	161	47,760	29,961
Nainital	2,038	165530	51,256	30,266	35	13,733	9,905	319	15,470	6,138
Pauri	298	137195	36,326	15,548	8	7,771	6,226	21	6,750	3,922
Pithoragarh	624	72432	20,182	15,431	4	4,020	3,388	37	7,861	5,071
Rudraprayag	269	52671	16,434	15,850	8	2,409	1,954	10	2,597	1,329
Tehri	532	107145	32,805	15,175	3	6,140	5,296	6	4,802	3,025
US Nagar	1,057	171049	45,983	30,039	84	11,739	8,047	880	23,836	8,113
Uttarkashi	148	72900	38,296	15,158	5	3,432	3,082	16	4,904	3,338
Total	13,267	1677590	507,240	272,079	209	116,758	88,444	1,727	165,148	88,197

Date: 31-05-2021

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	17
BAGESHWAR	0
CHAMOLI	19
CHAMPAWAT	21
DEHRADUN	57
HARIDWAR	27
NAINITAL	08
PAURI GARHWAL	16
PITHORAGARH	10
RUDRA PRAYAG	31
TEHRI GARHWAL	48
UDAM SINGH NAGAR	54
UTTAR KASHI	37
Total	345

Avoid crowded places
for your own safety



**avoid close contact
with people**



Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones	
1	Dehradun	57	Dehradun (31) 1- Sumitra Bhawan, Library Mussorie (27-04-2021) 2- Ganesh Hotel, Landour Cantt (28-04-2021) 3- B-172 Nehru Colony (30-04-2021) 4- 176 Upper Rajiv Nagar Dharampur (30-04-2021) 5- Balahissar, Mussorie (01-05-2021) 6- Tagore Colony (01-05-2021) 7- 09, Chander Road Dalanwaala (01-05-2021) 8- 35/79 Subhash Road ,Chabra Pathology Lab waaligali (01-05-2021) 9- BadripurMajriMaffi Marg, Near Rawat Farm (01-05-2021) 10- BadrishVihar Colony Miyawaala (01-05-2021) 11- Santala Devi Gram Jantanwaala Marg (01-05-2021) 12- Rajbhawan Colony Awas (01-05-2021) 13- Anarwala Vijay purGopiwala (14-05-2021) 14- Doon Site View, Cottage Police chownki, ChandalGarhi (14-05-2021) 15- PradhanacharyaAwat, CST Happy Valley (16-05-2021) 16- Green Valley Housing Rajpur Road (16-05-2021) 17- Gram Tarlanagal (16-05-2021) 18- 49 Mohini Road, Near control shop (16-05-2021) 19- Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) 20- C block , Race Course, Near Banshilal Shop (16-05-2021) 21- 219- Rajpur Road (16-05-2021) 22- Vijay Colony Hathibarkala (16-05-2021) 23- Laxman puri, LandourCant (15-05-2021) 24- Tunwala (Raipur Tunwala Marg) (15-05-2021) 25- PaschamiPatelnagar, Dehrakhas (15-05-2021) 26- Christian Village Center George School Barloganj (16-05-2021) 27- Hathibarkala, New Cantt Road (17-05-2021) 28- Kehri Gaon, Thakurpur Road (18-05-2021) 29- Shiv Shakti Colony ,Nathuwala (20-05-2021) 30- Kaleshwar Vihar , Aamwala Tarla (29-05-2021) 31- Karamchari Awas DLF Basi Estate (29-05-2021) Chakrata (02) 1- Gram Meharwala (24-05-2021) 2- Gram Matiyawa (26-05-2021)	Vikas Nagar (08) 1- Gram Sudhhowaala , shakti Vihar (01-05-2021) 2- Gram Sudhoowaala, Jail Road (01-05-2021) 3- Gram Thakurpur (01-05-2021) 4- Gram ChotuwaalaBadamwala (16-05-2021) 5- Gram Shaspur Teachers Colony (17-05-2021) 6- Ward No-13, Gram Nawabgarh Majra Chiranjpur Amar Vihar (17-05-2021) 7- Moja Dumet (18-05-2021) 8- Gram Jhajramauja Dhulkot, Tibbeti School (21-05-2021) Kalsi (3) 1- Gram Datanu khat SiliGothan (16-05-2021) 2- Gram Haripur (Near Yamuna River) (16-05-2021) 3- Gram Dhara Khadar (17-05-2021) Tyuni (10) 1- Gram Baurad (Kuna)((30-04-2021) 2- TaunsRiver ,Purva Disha (10-05-2021) 3- Gram MandrathKheda(19-05-2021) 4- Gram Mandrath (22-05-2021) 5- Gram Baghi (21-05-2021) 6- Gram Ragi (24-05-2021) 7- Gram Shediya (24-05-2021) 8- Gram Chausal I (24-05-2021) 9- Gram Chausal II (24-05-2021) 10- Gram Tayutad (26-05-2021) Doiwala (03) 1- Gram Khatta (30-04-2021) 2- Ward no-10 , Kailash Kunj Gali No-07, Bhaniyawala(26-05-2021) 3- Ward No-10, Kailash Kunj Gali no-07,Bhaniyawala (26-05-2021)
			Haridwar (04) 1- Bhagtanpur, Ibrahimpur (18-05-2021) 2- Rasoolpur ,MeethiberiMajra , dundiyanwaalaparganar, Najibabad (20-05-2021) 3- RasoolpurMeethiberi, MajraChoota, Rasoolpur Pargana Najibabad (24-05-2021) 4- Opposite St. Merry School , Paschim Nathannagar (24-05-2021) Laksar (11) 1- Gram Khanpur, Brhampur (17-05-2021) 2- Gram Fatwa (17-05-2021) 3- Gram dugarpur (18-05-2021) 4- Gram Alwalpur (18-05-2021) 5- Gram Lalbandawa, Ward No-02 (20-05-2021) 6- Ward No-02, GramRayasi (20-05-2021) 7- Ward No-03, GramRayasi (20-05-2021) 8- Ward No.09 Padowali (22-05-2021) 9- Gram Kalsiya, Ward No-11 (24-05-2021) 10- Gram Kabulpuri, Raighati (25-05-2021) 11- Gram Sherpubela (26-05-2021) Bhagwanpur (01) 1- Gram Shahidwala (20-05-2021)	Roorkee (11) 1- H No. 501 , 502 Awat Vikas Colony, Nagar Nigam (15-05-2021) 2- Gram Thaska Pargana Mangalore (15-05-2021) 3- Gali no-11, Krishna Nagar Salempur ,Rajputaan Nagar Nigam (17-05-2021) 4- H.No. 632/1 & 641 Paschmi Amber Tak Nagar Nigam (16-05-2021) 5- Gram Libarhedi, Pargana Mangalore (18-05-2021) 6- Block B, Ashok Nagar , Gram dhandera Pargana (20-05-2021) 7- Gram MakanpurDevpur ParganaBhagwanpur (21-05-2021) 8- ShyamnagarGali No-03, Sunhara (21-05-2021) 9- Gram Daulatpur Pargana (22-05-2021) 10- Gram Thaska Pargana Mangalore (23-05-2021) 11- H.NO. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021)
2	Haridwar	27		



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3	Nainital	08	KaushyaKutoli (08) 1- Gram Dhadima Tok Ratoda (15-05-2021) 2- Gram Torad Tok, Nagir Gaon (15-05-2021) 3- Gram Halso Patti MallaKaushya (21-05-2021) 4- Gram Torad Patti Betalghat (21-05-2021) 5- Gram Joshikhola (21-05-2021) 6- Gram Ghiroli Patti Mallipali (23-05-2021) 7- Gram Kharali Bunga Patti Unchakot (23-05-2021) 8- Gram Gajar Patti Bargal (23-05-2021)	
4	Pauri	16	Kotdwar (05) 1- SGRR Degree College , Ward No-20 (08-05-2021) 2- Ward No-37, PaschamiJhandichaud ,Geep Stand Gali No-02 (08-05-2021) 3- Subhash Bazar, Duggada (18-05-2021) 4- Gram Umraila ,Talla Vikas khand, Dugadda (18-05-2021) 5- Gram Kholkandi, Vikas Khand Duggada (18-05-2021) Lansdowne (05) 1- Gram Chokadi I (12-05-2021) 2- Gram Chokadi I (12-05-2021) 3- Gram Jyual Gaon (15-05-2021) 4- Gram Dewrari (15-05-2021) 5- Gram Bagankhola (22-05-2021)	Srinagar (02) 1- Gram GhadBasalyupattichalansayu (22-05-2021) 2- Gram Suralgaon Patti Chalansayu (24-05-2021) Pauri (02) 1- Ward no-06, Purana Kendriya Vidhyalaya(30-04-2021) 2- Gram Dadhogi (17-05-2021) Yamkeshwar (02) 1- Gram Sirasu (19-05-2021) 2- Gram NandMalla (19-05-2021)
5	Uttarkashi	37	Bhatwari (04) 1- Gram Jaspur, Patti Badhagadi (12-05-2021) 2- Gram Aungi, Patti Badahaat (18-05-2021) 3- Gram Silla Patti, NaldKathur (24-05-2021) 4- Gram Belatipari, Patti NaldKathud (27-05-2021) Purola (06) 1- Nagar Panchayat , Ward No-06 Nirankari Satsang Bhawan (06-05-2021) 2- Nagar Panchayat ,Ward No-07 Nagraja Mandir (06-05-2021) 3- Gram Kantadi (08-05-2021) 4- Gram Dhoni (09-05-2021) 5- Gram Thathung (24-05-2021) 6- Gram Barkot Madya Sakrola Tok (24-05-2021) Chinyalisaur (09) 1- Gram Chootimani (06-05-2021) 2- Gram Badimani (06-05-2021) 3- Gram New Khalsi Patti Dashagi (09-05-2021) 4- Gram Sarp Patti Dilchi (09-05-2021) 5- Gram Garhwalghad (15-05-2021) 6- Gram Bankot (15-05-2021) 7- Gram Sulithang (15-05-2021) 8- Badsa (19-05-2021) 9- Kabagaddi (19-05-2021) Dunda (03) 1- Gram Junga (15-05-2021) 2- Gram NakuriMalli I (17-05-2021) 3- Gram NakuriMalli II (17-05-2021)	Barkot (11) 1- Nagar Panchayat, Ward No-04, Naogaon (21-04-2021) 2- Nagar PalikaParisadBarkot, Ward No-05Anshik (23-04-2021) 3- Nagar PalikaParisadBarkot Ward No-03Anshik (23-04-2021) 4- Ward No-04, Nagar PalikaParisad (27-04-2021) 5- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 6- Nagar PalikaParisad Ward No-05 (06-05-2021) 7- Nagar PalikaParisad Ward No-06 (06-05) 8- Nagar PalikaParisad Ward No-07 (06-05-2021) 9- Nagar Panchayat Naugaon , Ward No-04 (06-05-2021) 10- Gram Kawadi (09-05-2021) 11- Gram Sina Patti (23-05-2021) Mori (04) 1- Saud I (10-05-2021) 2- Gamri (18-05-2021) 3- Sidhari (18-05-2021) 4- Dobhalgaon (22-05-2021)
6	UdhamSingh	54	Jaspur (40) 1- Veerpuri (20-05-2021 to 02-06-2021) 2- Bhagwantpur I (20-05-2021 to 02-06-2021) 3- Nagar Panchayat Muhadbara I (20-05-2021to02-06-2021) 4- Mohalla Natha singh (20-05-2021 to 06-06-2021) 5- Patrampur I (20-05-2021 to 02-06-2021) 6- Patrampur II (20-05-2021 to 02-05-2021) 7- Gram Kasampur (20-05-2021 to 02-06-2021) 8- Mohalla Natha Singh (20-05-2021 to 02-06-2021) 9- Mohalla Joshiyan (20-05-2021 to 02-06-2021) 10- Nagar Panchayat MuhadbaraII (20-05-2021 to02-06-	Rudrapur (03) 1- Lok Vihar Colony Fazalpur (21-05-2021 to 01-06-2021) 2- Near PWD Guest House (21-05-2021 to 01-06-2021) 3- Canal colony (21-05-2021 to 01-06-2021) Sitargani (08) 1- Gram Devipura (24-05-2021 to 03-06-2021) 2- Gram Gidhor (24-05-2021 to 03-



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			2021) 11- Nagar Panchayat MuhadbaraIII (20-05-2021 to 02-06-2021) 12- Nagar Panchayat MuhadbaraIV (20-05-2021 to 02-06-2021) 13- Nagar Panchayat Muhadbara V (20-05-2021 to 02-06-2021) 14- Mohalla Chauhnan I (20-05-2021 to 02-06-2021) 15- Mohalla Chauhnan II (20-05-2021 to 02-06-2021) 16- Mohalla ChauhnanIII(20-05-2021 to 02-06-2021) 17- Mohalla Patti Chauhan (20-05-2021 to 02-06-2021) 18- Mohalla Julahan I (20-05-2021 to 02-06-2021) 19- Mohalla Julahan II (20-05-2021 to 02-06-2021) 20- Ramnagar (20-05-2021 to 02-06-2021) 21- Gram Meghawala (20-05-2021 to 02-06-2021) 22- Mohalla Bhoop Singh (20-05-2021 to 02-06-2021) 23- Bhogpur (20-05-2021 to 02-06-2021) 24- Kalyanpur (20-05-2021 to 02-06-2021) 25- Talabpur (20-05-2021 to 02-06-2021) 26- Ganguwala War no- 15 (20-05-2021 to 02-06-2021) 27- Mohalla Dheela Singh (20-05-2021 to 02-06-2021) 28- Angadpur (20-05-2021 to 02-06-2021) 29- Malpuri (20-05-2021 to 02-06-2021) 30- Gulargojhi (20-05-2021 to 02-06-2021) 31- Mohalla Chauhnan (20-05-2021 to 02-06-2021) 32- Bhagwantpur II (20-05-2021 to 02-06-2021) 33- Gram Halduwashu (25-05-2021 to 06-06-2021) 34- Gram Talabpur (25-05-2021 to 06-06-2021) 35- Gram Kasampur (25-05-2021 to 06-06-2021) 36- Kaliyawala I (29-05-2021 to 09-06-2021) 37- Kaliyawala II (29-05-2021 to 09-06-2021) 38- Gram Rajpur(29-05-2021 to 09-06-2021) 39- Gandhi Park (29-05-2021 to 09-06-2021) 40- Gulargojhi (29-05-2021 to 09-06-2021)	06-2021) 3- Gram Bihi Thera (Gidhor) (24-05-2021 to 03-06-2021) 4- Gram Gidhor (24-05-2021 to 03-06-2021) 5- Gram Achenta (24-05-2021 to 03-06-2021) 6- Gram Bihi (27-05-2021 to 06-06-2021) 7- Gram Chatuakheda(27-05-2021 to 06-06-2021) 8- Gram Achenta (27-05-2021 to 06-06-2021) Gadarpur (03) 1. Gram Bhajpuri (25-05-2021 to 07-06-2021) 2. Gram Khempur (PalkaChaud) (25-05-2021 to 07-06-2021) 3. Gularbhoj Colony Ward No- 02 (27-05-2021 to 09-06-2021)
7	Champawat	21	Champawat (13) 1- Gram Banana Diyuri Tok, Nekyana (13-05-2021) 2- Narsingh Danda (19-05-2021) 3- Bastiyagunth (19-05-2021) 4- Chauradumkhuri (19-05-2021) 5- Goli (20-05-2021) 6- Bhanoli (Tok Bilaspur) (15-05-2021) 7- Kanda (Tok Amodi) (15-05-2021) 8- Simalta (17-05-2021) 9- Kanda (17-05-2021) 10- Gram Adi Dubchoda (27-05-2021) 11- Gram diguroli (27-05-2021) 12- Gram Bungakhyali (27-05-2021) 13- Gram Chaudkhyali (27-05-2021)	Tanakpur (05) 1- Vishnupuri Colony (25-04-2021) 2- Hari Garden (06-05-2021) 3- Bamanpuri, Banbasa (06-05-2021) 4- PachPakaria ,Banbasa (06-05-2021) 5- Nayakgoath (11-05-2021) Lohaghat (03) 1- Bangaon (19-05-2021 to 02-06-2021) 2- Chidiyadunga(19-05-2021to 02-06-2021) 3- Rausal(20-05-2021 to 03-06-2021)
8	Chamoli	19	Ghat (04) 1- Gram Guladi (05-05-2021) 2- Gram Mokhtalla (17-05-2021) 3- Gram Vijar (21-05-2021) 4- Gram Kundi (25-05-2021) Karanprayag (03) 1- Near Gram Bhatnagar, Railway Construction Company, MeghaParisar (06-05-2021) 2- Gram Jasyara (17-05-2021) 3- Gram Kandara (17-05-2021) Gairsain (03) 1- Gram Sirana (15-05-2021) 2- Gram Ramda (17-05-2021) 3- Gram Jingaud (17-05-2021)	Pokhri (02) 1- Gram Sabha Uttaro, Didholi Tok (05-05-2021) 2- Gram KandaiKhola (08-05-2021) Joshimath (05) 1- Ravi Gram Ward (07-05-2021) 2- J.P. Company Lambagad (16-05-2021) 3- Hanumanchatti (18-05-2021) 4- Singdharkekhadhar Tok (18-05-2021) 5- Gram RanniPalli (21-05-2021) Narayangarh (01) 1- Gram Panchayat, Dungri (Dungri Tok) (09-05-2021) Chamoli (01) 1- Nagar Panchayat, Pipalkoti Ward No- 02, Agthala, Kisan Nagar (27-05-2021)



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9	Tehri	48	<u>Tehri Gharwal (15)</u> 1- Gram Mad Bhanali, Patti Bhamund(14-05-2021) 2- Gram Sunargaon (14-05-2021) 3- Gram Khand keChopidya&Anujati Basti (15-05-2021) 4- Gram Dobhra (16-05-2021) 5- Gram Budogi (16-05-2021) 6- Gram Bada Sayuta (16-05-2021) 7- Gram Kuttha (16-05-2021) 8- Gram Nawaghar (16-05-2021) 9- Gram Inder Patti (16-05-2021) 10- Gram Lamkot (19-05-2021) 11- Gram Chopadiyali (19-05-2021) 12- Gram Arakot (19-05-2021) 13- Gram Dabri (21-05-2021) 14- Gram Manda (27-05-2021) 15- Gram Jugad Gaon (28-05-2021) <u>Dhanulti (02)</u> 1- Gram Sinjal&Bhanswadi (15-05-2021) 2- Gram Mad Talla (17-05-2021) <u>Pratapnagar (1)</u> 1- Vethan Patti, RaundRamoli(16-05-2021) <u>Ghansali (4)</u> 1- Gram Kott Patti Hindav(16-05-2021) 2- Gram Behada, Patti Nalchami (16-05-2021) 3- Gram Behada, Patti Nalchami, Madya Ardhagi (16-05-2021) 4- Gram Banjiya Gaon Patti ,Hindav (17-05-2021) <u>Devprayag (03)</u> 1- Gram Palethi (25-05-2021) 2- Gram Kunadi (27-05-2021) 3- Gram Arota (29-05-2021)	<u>Jakhnidhar (07)</u> 1- Gram Ganwali Patti Khas (15-05-2021) 2- Gram Kotichori (18-05-2021) 3- Gram Ratoli Patti Khas (22-05-2021) 4- Gram SandhanaKot (23-05-2021) 5- Gram DobhNauli (25-05-2021) 6- Gram Jagdhar (25-05-2021) 7- Gram Kolakandi (25-05-2021) <u>Kirti Nagar (10)</u> 1- Gram Thati (08-05-2021) 2- Gram Sabha Devgadi (09-05-2021) 3- Gram Jakhand (09-05-2021) 4- Gram Bhagwan (15-05-2021) 5- Gram Maletha (16-05-2021) 6- Gram Nandi (19-05-2021) 7- Gram Pandula (19-05-2021) 8- Gram Muthadgaon (20-05-2021) 9- Gram Dharkot (22-05-2021) 10- Gram Panchayat Badola , Gram Urman (22-05-2021) <u>Narendranagar (04)</u> 1- Gram Kot Patti (11-05-2021) 2- Gram Agar Patti, Dhamandsayu (15-05-2021) 3- Gram Banskatal Patti (21-05-2021) 4- Vichalaya Tok (25-05-2021) <u>Kandisaur (02)</u> 1- Gram Kayulagi (18-05-2021) 2- Gram Barwal Gaon (22-05-2021)
			<u>Rudraprayag (14)</u> 1- Gram Mehdakandai (04-05-2021) 2- Jaggikandayi (04-05-2021) 3- Gram Mahad Kandhai (04-05-2021) 4- Gram Hitdang (08-05-2021) 5- Gram Malkhi (08-05-2021) 6- Gram Bhatwari (08-05-2021) 7- Gram Saurakhal (11-05-2021) 8- Gram Kottalla (12-05-2021) 9- Gram Madhgaon (14-05-2021) 10- Gram Sandar (16-05-2021) 11- Gram Gwefur, Tilni (16-05-2021) 12- Gram Naari, Satarekhal (16-05-2021) 13- Gram Kamodi, Pipali (16-05-2021) 14- Gram Kakkokhal , Sari (16-05-2021) <u>Basukedhar (01)</u> 1- Gram Dhankot (04-05-2021) <u>Jhakholi (03)</u> 1- Gram Bhanoli (06-05-2021) 2- Gram Bajira (10-05-2021) 3- Gram Chopda (10-05-2021)	<u>Ukhimath (13)</u> 1- JwaharNavodhyaVidhyalayaParisarJakhidhar(Guptkashi) (17-04-2021) 2- Gram Sabha Rampur(12-05-2021) 3- Gram Sabha Rudrapur (12-05-2021) 4- Gram Sabha Kunjethi (15-05-2021) 5- Gram Sabha Parkandi (17-05-2021) 6- Gram Sabha Raulank (17-05-2021) 7- Gram Sabha Jalai (21-05-2021) 8- Gram Sabha Ghad (21-05-2021) 9- Gram Sabha Sari (21-05-2021) 10- Gram Sabha DaulaKanyasBhatwarisunhar (21-05-2021) 11- Gram Sabha Sitapur (21-05-2021) 12- Gram Sabha khumera (24-05-2021) 13- Gram Sabha Pav – Jagpuda (24-05-2021)
11	Pithoragarh	10	<u>Berinag (05)</u> 1- Tok Tharp (20-05-2021) 2- Tok Hadiyat (20-05-2021) 3- Tok Badet (20-05-2021) 4- Tok Vilat (20-05-2021) 5- Gram RithaRetoil (20-05-2021) <u>Badalu (02)</u> 1- Kashani (20-05-2021) 2- Aathgaon (20-05-2021)	<u>Kanalichinna (01)</u> 1- Khawakot (20-05-2021) <u>Didihat (01)</u> 1- Baakhu (20-05-2021) <u>Pithorgarh (01)</u> 1- Kashani (20-05-2021)

12	Almora	17	Bhanoli (02) 1- Gram Chami (23-05-2021) 2- Gram Belak (26-05-2021) Ranikhet (01) 1- Gram Makado (18-05-2021) Almora (05) 1- Gram Udiayari (15-05-2021) 2- Gram Bhiroda (17-05-2021) 3- Gram & Block Hawalbagh (17-05-2021) 4- Gram Ujyola (22-05-2021) 5- Gram Gadhali (24-05-2021) Sult (01) 1- Gram Bhonkhal (17-05-2021)	Dwarahat (02) 1- Gram Jalali (18-05-2021) 2- Gram MalliBitholi (21-05-2021) Syaldey (04) 1- Gram Surmoli (11-05-2021) 2- Siyannagar, Syaldey (14-05-2021) 3- Bajarkhoda (Sarikheth) (21-05-2021) 4- Gram Bharsoli Vikas Khand Syaldey (25-05-2021) Bhikiyasain (02) 1- Ward No-01 Gandhi Nagar, Mohalla Badikot (20-05-2021) 2- Gram Barkinda (25-05-2021)
			Total	
		345		



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