

Date: 06-06-2021

Health Bulletin

Time: 6:00PM



होम आइसोलेशन में कोविड मरीज की देखभाल के दौरान संक्रमण के खतरे से सावधानी बरतें



मरीज को उसके कमरे के बाहर ही एक टेबल पर रख कर भोजन पहुँचाएँ, मरीज के सीधे सम्पर्क में बिल्कुल न आएँ, डिस्पोजेबल बर्तन इत्यादि का प्रयोग करें,

या बर्तनों को अलग रखें उनको धोने में सावधानी बरतते हुये ग्लब्स का प्रयोग करें उन बर्तनों को अन्य लोग इस्तेमाल न करें,

कोविड संक्रमित रोगी द्वारा उपयोग की गयी किसी भी चीज के सम्पर्क में न आएँ..

मरीज के कपड़े इत्यादि को धोने से पूर्व तेज गर्म पानी 60-90 डिग्री से0 और डिटर्जेंट का प्रयोग करते हुये पहले आधे घण्टे तक भिगो कर रखें तथा तेज धूप में सावधानी पूर्वक सुखाएँ,

मरीज के अन्य उपयोग में लाने गये वेस्ट को फैंकने से पहले विसंक्रमित करें, इस हेतु सोडियम हाइपोक्लोराइट की सही मात्रा का प्रयोग करें।



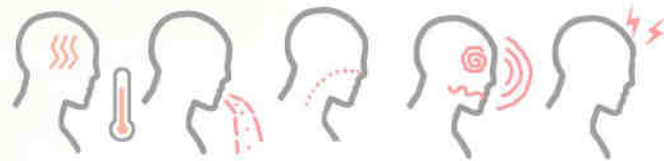
दवाई भी.. कड़ाई भी
जिन्दगी जीतेगी, कोविड हारेगा..



साबुन से हाथ धोएँ
या सैनेटाइजर का प्रयोग करें



ब्लैक फंगस का खतरा कोरोना मरीजों को रिकवरी के बाद भी हो सकता है जब इम्युनिटी बेहद कमजोर होती है.. तब इनके लक्षणों को नजरअंदाज न करें



कोरोना से ठीक होने के 20-30 दिनों के भीतर कुछ लोगों में म्यूकरमाइकोसिस यानी ब्लैक फंगस के लक्षण जैसे नाक के पास लालिमा, चेहरे पर एक तरफा सूजन, बुखार, सिर दर्द, सांस लेने में तकलीफ या दर्द, खून की उल्टी अथवा मानसिक स्थिति में बदलाव की स्थितियाँ आ सकती हैं।



आपको डायबिटीज है या उपचार हेतु अस्पताल में भर्ती होना पड़ा हो, स्टेरॉयड दवाईयाँ या ऑक्सीजन थेरेपी ली हो अथवा आई0सी0यू0 में भर्ती रहें हो, किडनी या कैंसर रोग का उपचार ले रहे हैं, तो आप अधिक सतर्क रहें...



सतर्कता
ही बचाव है!

ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से
लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त ईलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाईल के फारमेट में
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन
करके भी डाउनलोड कर सकते हैं

www.esanjeevaniopd.in/Register

COVID-19
Uttarakhand State Control Room

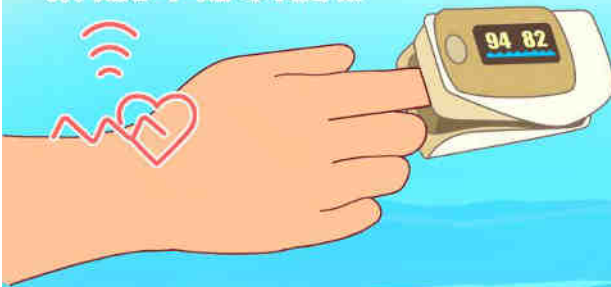


eSanjeevani OPD
STAY HOME OPD



देरी कभी भी घातक हो सकती है..

अगर ऑक्सीजन का स्तर 94 से कम आता है तब
हमारे हैल्प लाईन नम्बरस 104 व ई संजीवनी एप
के माध्यम से ऑनलाईन रजिस्टर करके जरूरी
डाक्टरी सलाह प्राप्त करें या स्वयं को किसी
अस्पताल में भर्ती करवायें ...



मास्क का
प्रयोग करें



साबुन से हाथ धोयें
या सैनेटाइजर का
प्रयोग करें



दवाई भी.. कड़ाई भी



COVID-19
Uttarakhand State Control Room

**सतर्कता
ही बचाव है!**



भीड़ भाड़ से बचें ! आवश्यक होने पर ही यात्रा करें

COVID-19
Uttarakhand State Control Room

मार्स्क का प्रयोग करें

साबुन से हाथ धोयें या सैनेटाइजर का प्रयोग करें

6 FEET परस्पर दूरी है जरूरी

सतर्कता ही बचाव है!

अगर आप कोविड-19 से संक्रमित हैं या परिवार में संक्रमित लोग हैं.. तो आप खुद सावधानी बरतिये ताकि कोई दूसरा संक्रमित न हो!

घर में रहें

दूसरों के सम्पर्क में न आयें

खांसते समय अपने मुंह व नाक को ढकें

इस्तेमाल के बाद व्यर्थ सामग्री को कूड़ेदान में डालें और हाथों को अच्छी तरह साफ करें!

सरफेस एरिया को साफ रखें

Uttarakhand State Control Room
COVID-19

कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register Download app: https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

Landline No. 0135-2656202 and Mobile: 9412029536

Date: 06-06-2021

Health Bulletin

Time: 6:00PM



Positive Today: **446**



Recovered Today: **1580**



Death Today: **23**



Active Cases: **16125**

S⁺ty

Sample Positivity: **6.74%**

R%

Recovery Percentage: **91.38%**

1. Total cumulative Positive COVID-19 detected: **334024**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **305239 (91.38%)**
3. Total Number (%) of COVID-19 patients migrated out of state: **5961 (1.78%)**
4. Total Number (%) of COVID-19 Deaths: **6699* (2.01%)**
5. Number of samples found negative for COVID-19 today: **20503**
6. Total number of samples sent for COVID-19 testing today: **17568**
7. Total number of cumulative samples found negative: **4623621**
8. Total number of samples result awaited: **5951**

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

बहुत हो गया! बेपरवाही और मनमानी अब और नहीं..

जिनके परिवार में कोविड संक्रमित लोग हैं खुद के लक्षण न होने पर

भी टेस्ट करायें!! अब यह समझ लेना जरूरी है

कि मास्क क्यों और कैसे लगाते हैं!

लाकडाउन खुलने पर सारी हदें

न पार कर जायें!!!

संक्रमितों की संख्या में कमी आपके जागरूक होने पर आयेगी...



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	120	87	141370	7	11492	152862	201
Bageshwar	396	478	114121	6	5494	119615	279
Chamoli	949	1156	150482	23	11836	162318	209
Champawat	540	299	139374	4	7255	146629	606
Dehradun	3876	4158	881904	121	109565	991469	1972
Haridwar	6629	6673	1451177	67	50194	1501371	360
Nainital	566	388	339721	25	38277	377998	488
Pauri Garhwal	334	431	228694	20	17252	245946	214
Pithoragarh	860	1216	127325	61	9511	136836	345
Rudraprayag	443	502	91721	9	8434	100155	155
Tehri Garhwal	949	1650	175505	54	15478	190983	278
US Nagar	1452	2810	592413	26	37188	629601	588
Uttarkashi	454	655	189814	23	12048	201862	256
Total	17568	20503	4623621	446	334024	4957645	5951

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	11492	9805	974	137	576
Bageshwar	5494	4342	1080	47	25
Chamoli	11836	10181	1406	56	193
Champawat	7255	6441	597	53	164
Dehradun	109565	104463	1231	3290	581
Haridwar	50194	45535	2544	890	1225
Nainital	38277	35860	1395	895	127
Pauri Garhwal	17252	14652	1643	264	693
Pithoragarh	9511	7708	1675	116	12
Rudraprayag	8434	7780	461	76	117
Tehri Garhwal	15478	13106	1414	71	887
U.S. Nagar	37188	34305	1119	731	1033
Uttarkashi	12048	11061	586	73	328
Total	334024	305239	16125	6699	5961

Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	32
BAGESHWAR	0
CHAMOLI	341
CHAMPAWAT	25
DEHRADUN	543
HARIDWAR	407
NAINITAL	61
PAURI GARHWAL	41
PITHORAGARH	0
RUDRA PRAYAG	94
TEHRI GARHWAL	3
UDAM SINGH NAGAR	4
UTTAR KASHI	29
Total	1580

सही से मास्क न पहनना घातक है आपके लिये...
और आपके परिवार के लिये



व्या मास्क पहनना आपके लिये मात्र औपचारिकता भर है...

Hospital Wise Death

District	Cumulative Deaths	Name of The Hospitals	No. of Deaths
Dehradun	3290	AIIMS Rishikesh, Dehradun	4
		Govt.Doon Medical College, Dehradun	5
		Himalayan Hospital, Dehradun	3
		Kailash Hospital Dehradun, Dehradun	1
		Max Hospital, Dehradun	1
		MH, Dehradun	1
		Velmed Hospital, Dehradun	1
Haridwar	890*(A)	MH Roorkee, Haridwar	2
Nainital	895*(B)	Vivekanand Hospital, Nainital	1
Pauri Garhwal	264	HNB Base Hospital Srinagar, Pauri Garhwal	1
Tehri Garhwal	71*(C)	--	-
US Nagar	731	Sanjeevani Hospital Kashipur, US Nagar	2
		The Medicity Hospital Rudrapur, US Nagar	1
Grand Total			23

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

**** (A) HARIDWAR (10):**

Aarogyam Hospital (1)- 2 June 2021 (1)

Other Than Hospital (8)- 27 April 2021 (2), 3 May 2021 (1), 4 May 2021 (1), 6 May 2021 (1), 10 May 2021 (1), 23 May 2021 (1), 25 May 2021 (1)

Shri Swami Bhumanand (1)- 01 June 2021 (1)

**** (B) NAINITAL (1):**

Brijlal Hospital (01)- 3 June 2021 (1)

*** (C) TEHRI GARHWAL (1):**

DCCC Muni Ki Reti (1)- 9 May 2021 (1)

Mucormycosis Cases and Deaths - Uttarakhand as on 06.06.2021

S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
2	Dehradun	City Heart Hospital	1	0	0
		AIIMS Rishikesh	195	31	6
		Max Hospital	9	1	3
		Doon Medical College	12	0	3
		Sri Mahant Indresh Hospital	24	3	0
		HIHT Joly Grant	26	5	6
		Aarogyadham Hospital	2	0	0
		ONGC Hospital	1	0	0
		Synergy Hospital	1	1	0
3	Nainital	Krishna Hospital, Haldwani	3	1	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	22	4	0
		Tiwari Nursing Home	1	0	0
4	Uttarkashi	District Hospital	1	0	0
Total			299	47	18

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500



Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869





Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

6th June 2021

☀ Sessions Held Today :	321
☀ Number of Beneficiaries Vaccinated Today :	31185
☀ Number of Beneficiaries Partially Vaccinated:	2361053
☀ Number of Beneficiaries Fully Vaccinated:	687404
☀ Total 18-44 years beneficiaries Vaccinated:	337240

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	579	130339	36,370	16,358	1	5,930	4,815	146	9,534	3,151
Bageshwar	1,674	61215	23,161	17,473	0	2,437	2,261	1	2,292	1,404
Chamoli	2,028	91150	30,290	18,373	0	3,983	3,703	2	6,448	4,258
Champawat	1,035	55713	14,229	16,214	0	2,208	1,853	7	6,645	3,367
Dehradun	8,072	365989	114,594	63,936	31	36,027	26,206	85	27,842	15,583
Haridwar	5,368	225894	49,055	40,641	22	17,295	11,882	48	48,154	30,004
Nainital	2,292	169323	51,971	34,185	15	13,840	9,957	217	17,338	6,168
Pauri	170	139282	36,367	17,557	0	7,783	6,230	2	6,877	3,936
Pithoragarh	299	77681	20,191	15,431	0	4,033	3,390	6	8,029	5,077
Rudraprayag	1,280	53936	16,440	18,957	0	2,422	1,956	2	2,636	1,329
Tehri	582	110571	32,809	16,575	0	6,144	5,297	5	4,849	3,028
US Nagar	4,903	177143	46,076	43,902	15	11,899	8,082	576	28,072	8,156
Uttarkashi	1,719	74499	38,337	17,638	3	3,435	3,083	0	4,926	3,338
Total	30,001	1732735	509,890	337,240	87	117,436	88,715	1,097	173,642	88,799

Date: 06-06-2021

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	06
BAGESHWAR	0
CHAMOLI	06
CHAMPAWAT	12
DEHRADUN	39
HARIDWAR	19
NAINITAL	06
PAURI GARHWAL	12
PITHORAGARH	05
RUDRA PRAYAG	13
TEHRI GARHWAL	25
UDAM SINGH NAGAR	08
UTTAR KASHI	10
Total	161

Avoid crowded places
for your own safety



**avoid close contact
with people**





Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	39	Dehradun (19) 1- PradhanacharyaAwat, CST Happy Valley (16-05-2021) 2- Green Valley Housing Rajpur Road (16-05-2021) 3- Gram Tarlanagal (16-05-2021) 4- 49 Mohini Road, Near control shop (16-05-2021) 5- Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) 6- C block , Race Course, Near Banshilal Shop (16-05-2021) 7- 219- Rajpur Road (16-05-2021) 8- Vijay Colony Hathibarkala (16-05-2021) 9- Laxman puri, LandourCant (15-05-2021) 10- Tunwala (Raipur Tunwala Marg) (15-05-2021) 11- PaschamiPatelnagar, Dehrakhas (15-05-2021) 12- Christian Village Center George School Barloganj (16-05-2021) 13- Hathibarkala, New Cantt Road (17-05-2021) 14- Kehri Gaon, Thakurpur Road (18-05-2021) 15- Shiv Shakti Colony ,Nathuwala (20-05-2021) 16- Kaleshwar Vihar , Aamwala Tarla (29-05-2021) 17- Karamchari Awat DLF Basi Estate (29-05-2021) 18- Kuladi (31-05-2021) 19- Sunny Lodge Estate, kigrain Picture Palace Marg (01-06-2021)
			Vikas Nagar (05) 1- Gram ChotuwaalaBadamwala (16-05-2021) 2- Gram Shaspur Teachers Colony (17-05-2021) 3- Ward No-13, Gram Nawabgarh Majra Chiranjpur Amar Vihar (17-05-2021) 4- Moja Dumet (18-05-2021) 5- Gram Jhajramauja Dhulkot, Tibbeti School (21-05-2021)
			Kalsi (3) 1- Gram Datanu khat SiliGothan (16-05-2021) 2- Gram Haripur (Near Yamuna River) (16-05-2021) 3- Gram Dhara Khadar (17-05-2021)
2	Haridwar	19	Chakrata (02) 1- Gram Meharwala (24-05-2021) 2- Gram Matiyawa (26-05-2021)
			Tvuni (08) 1- Gram MandrathKheda(19-05-2021) 2- Gram Mandrath (22-05-2021) 3- Gram Baghi (21-05-2021) 4- Gram Ragi (24-05-2021) 5- Gram Shediya (24-05-2021) 6- Gram Chausal I (24-05-2021) 7- Gram Chausal II (24-05-2021) 8- Gram Tayutad (26-05-2021)
			Doiwala (02) 1- Ward no-10 , Kailash Kunj Gali No-07, Bhaniyawala(26-05-2021) 2- Ward No-10, Kailash Kunj Gali no-07,Bhaniyawala (26-05-2021)
3	Nainital	06	Laksar (07) 1- Gram Khanpur, Brhampur (17-05-2021) 2- Gram Alwalpur (18-05-2021) 3- Gram Lalbandawa, Ward No-02 (20-05-2021) 4- Ward No.09 Padowali (22-05-2021) 5- Gram Kalsiya, Ward No-11 (24-05-2021) 6- Gram Kabulpuri, Raighati (25-05-2021) 7- Gram Sherpubela (26-05-2021)
			Roorkee (12) 1- H No. 501 , 502 Awat Vikas Colony, Nagar Nigam (15-05-2021) 2- Gram Thaska Pargana Mangalore (15-05-2021) 3- Gali no-11, Krishna Nagar Salempur ,Rajputaan Nagar Nigam (17-05-2021) 4- Gram Libarhedi, Pargana Mangalore (18-05-2021) 5- Block B, Ashok Nagar , Gram dhandera Pargana (20-05-2021) 6- Gram MakanpurDevpur ParganaBhagwanpur (21-05-2021) 7- ShyamnagarGali No-03, Sunhara (21-05-2021) 8- Gram Daulatpur Pargana (22-05-2021) 9- Gram Thaska Pargana Mangalore (23-05-2021) 10- H.NO. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021) 11- Gram Nasirpur Afzalpur Pargana, Mangalore (02-06-2021) 12- Gram Dhanori (03-06-2021)
			KaushvaKutoli (06) 1- Gram Halso Patti MallaKaushya (21-05-2021) 2- Gram Torad Patti Betalghat (21-05-2021) 3- Gram Joshikhola (21-05-2021) 4- Gram Ghiroli Patti Mallipali (23-05-2021) 5- Gram Kharali Bunga Patti Unchakot (23-05-2021) 6- Gram Gajar Patti Bargal (23-05-2021)

4	Pauri	12	Kotdwar (03) 1- Subhash Bazar, Duggada (18-05-2021) 2- Gram Umraila ,Talla Vikas khand, Dugadda (18-05-2021) 3- Gram Kholkandi, Vikas Khand Duggada (18-05-2021) Lansdowne (03) 1- Gram Jyual Gaon (15-05-2021) 2- Gram Dewrari (15-05-2021) 3- Gram Bagankhola (22-05-2021)	Srinagar (03) 1- Gram GhadBasalyupattichalansayu (22-05-2021) 2- Gram Suralgaon Patti Chalansayu (24-05-2021) 3- Gram Chamrada , Patti Katalsayu (01-06-2021) Pauri (01) 1- Gram Dadhogi (17-05-2021) Yamkeshwar (02) 1- Gram Sirasu (19-05-2021) 2- Gram NandMalla (19-05-2021)
			Bhatwari (02) 1- Gram Silla Patti, NaldKathur (24-05-2021) 2- Gram Belatipari, Patti NaldKathud (27-05-2021) Purola (02) 1- Gram Dhoni (09-05-2021) 2- Gram Thathung (24-05-2021) Chinvalisaur (01) 1- Gram New Khalsi Patti Dashagi (09-05-2021)	Barkot (04) 1- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 2- Nagar Panchayat Naugaon , Ward No-04 (06-05-2021) 3- Gram Kawadi (09-05-2021) 4- Gram Sina Patti (23-05-2021) Mori (01) 1- Badau (31-05-2021)
6	UdhamSingh	08	Jasipur (05) 1- Kaliyawala I (29-05-2021 to 09-06-2021) 2- Kaliyawala II (29-05-2021 to 09-06-2021) 3- Gram Rajpur(29-05-2021 to 09-06-2021) 4- Gandhi Park (29-05-2021 to 09-06-2021) 5- Gulargojhi (29-05-2021 to 09-06-2021) Gadarpur (03) 1. Gram Bhajpuri (25-05-2021 to 07-06-2021) 2. Gram Khempur (PalkaChaud) (25-05-2021 to 07-06-2021) 3. Gularbhoj Colony Ward No- 02 (27-05-2021 to 09-06-2021)	
			Champawat (11) 1- Narsingh Danda (19-05-2021) 2- Bastiyagunth (19-05-2021) 3- Chauradumkhuri (19-05-2021) 4- Goli (20-05-2021) 5- Bhanoli (Tok Bilaspur) (15-05-2021) 6- Kanda (Tok Amodi) (15-05-2021) 7- Kanda (17-05-2021) 8- Gram Adi Dubchoda (27-05-2021) 9- Gram diguroli (27-05-2021) 10- Gram Bungakhyali (27-05-2021) 11- Gram Chaudkhyali (27-05-2021)	Tanakpur (01) 1- Nayakgoath (11-05-2021)
8	Chamoli	06	Ghat (01) 1- Gram Kundi (25-05-2021) Chamoli (01) 1- Nagar Panchayat, Pipalkoti Ward No-02, Agthala, Kisan Nagar (27-05-2021)	Joshimath (04) 1- J.P. Company Lambagad (16-05-2021) 2- Hanumanchatti (18-05-2021) 3- Singdharkekhadhar Tok (18-05-2021) 4- Gram RanniPalli (21-05-2021)

9	Tehri	25	<u>Tehri Gharwal (03)</u> 1- Gram Mad Bhanali, Patti Bhamund(14-05-2021) 2- Gram Manda (27-05-2021) 3- Gram Jugad Gaon (28-05-2021) <u>Ghansali (1)</u> 1- Gram Behada, Patti Nalchami, Madya Ardhagi (16-05-2021) <u>Devpravag (03)</u> 1- Gram Palethi (25-05-2021) 2- Gram Kunadi (27-05-2021) 3- Gram Arota (29-05-2021) <u>Narendranagar (02)</u> 1- Gram Kot Patti (11-05-2021) 2- Vichalaya Tok (25-05-2021)	<u>Jakhnidhar (06)</u> 1- Gram Ganwali Patti Khas (15-05-2021) 2- Gram Ratoli Patti Khas (22-05-2021) 3- Gram SandhanaKot (23-05-2021) 4- Gram DobhNauli (25-05-2021) 5- Gram Jagdhar (25-05-2021) 6- Gram Kolakandi (25-05-2021) <u>Kirti Nagar (10)</u> 1- Gram Thati (08-05-2021) 2- Gram Sabha Devgadi (09-05-2021) 3- Gram Jakhand (09-05-2021) 4- Gram Bhagwan (15-05-2021) 5- Gram Maletha (16-05-2021) 6- Gram Nandi (19-05-2021) 7- Gram Pandula (19-05-2021) 8- Gram Muthadgaon (20-05-2021) 9- Gram Dharkot (22-05-2021) 10- Gram Panchayat Badola , Gram Urman (22-05-2021)
10	Rudraprayag	13	<u>Ukhimath (10)</u> 1- Gram Sabha Kunjethi (15-05-2021) 2- Gram Sabha Parkandi (17-05-2021) 3- Gram Sabha Raulank (17-05-2021) 4- Gram Sabha Jalai (21-05-2021) 5- Gram Sabha Ghad (21-05-2021) 6- Gram Sabha Sari (21-05-2021) 7- Gram Sabha Daula Kanyas Bhatwarisunhar (21-05-2021) 8- Gram Sabha Sitapur (21-05-2021) 9- Gram Sabha khumera (24-05-2021) 10- Gram Sabha Pav – Jagpuda (24-05-2021)	<u>Rudraprayag (03)</u> 1- Gram Madhgaon (14-05-2021) 2- Gram Gwefur, Tilni (16-05-2021) 3- Gram Naari, Satarekhal (16-05-2021)
11	Pithoragarh	05	<u>Berinag (01)</u> 1- Gram RithaRetoil (20-05-2021) <u>Badalu (02)</u> 1- Kashani (20-05-2021) 2- Aathgaon (20-05-2021)	<u>Kanalichinna (01)</u> 1- Khawakot (20-05-2021) <u>Didihat (01)</u> 1- Baakhu (20-05-2021)
12	Almora	06	<u>Almora (01)</u> 1- Gram Gadhali (24-05-2021) <u>Bhanoli (01)</u> 1- Gram Belak (26-05-2021)	<u>Dwarahat (02)</u> 1- Gram MalliBitholi (21-05-2021) 2- Gram Ghanoli (03-06-2021) <u>Syaldey (02)</u> 1- Bajarkhoda (Sarikheth) (21-05-2021) 2- Gram Bharsoli Vikas Khand Syaldey (25-05-2021)
	Total	161		